LOCAL NEWS
EVENTS
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GAMES & PUZZLES

WOW!

WHAT'S ON IN WING

January 2024

Happy New Year



Emma Bracken, Artist



Joyce Brooker, Cupboard Queen



Wing Woodland update

- A tribute to the late Joyce Brooker BEM, founder of What's On in Wing
- Focus on Locals - Emma Bracken
- 'Save The Queen's Head' - the vision explained
- Caring for the older dog
- Gardening advice, recipes, puzzles
- Nature notes, farming news

Distributed free to every home in Wing. Supported by voluntary donations.

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Cover design by Brian Clarke



It was with considerable sadness that we received news of the death in late November of Joyce Brooker BEM (too late to have been mentioned in the December issue). Joyce founded What's On in Wing in March 1984, producing it by hand until the colour version was introduced in early 2020; we will remain grateful to her for developing our monthly village magazine. A tribute to Joyce is on page 7.

Readers will have noticed that last month's cover picture was by Wing artist Emma Bracken; in this issue Emma is the village resident featured in Focus on Locals.

Best wishes to all our readers from all the members of the What's On team.

Sue Bryans



Congratulations to Sue Bryans, who this month will have completed 50 years as a 'dinner lady'/midday supervisor at Overstone Combined School!

We hope that Sue will be the Focus on Locals subject in our February issue.

Congratulations!

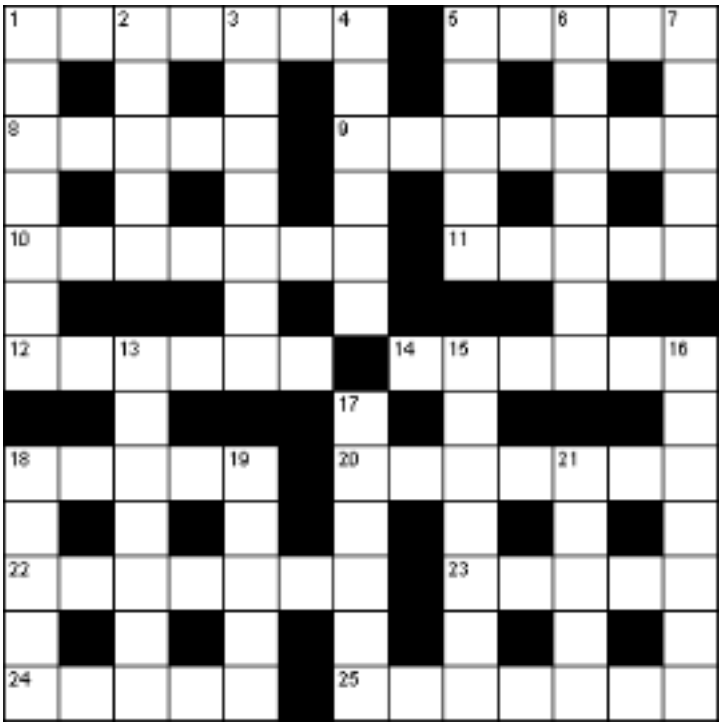
What's On In Wing is published by What's On Publishing CIC, registered number 14178082

Comments, criticisms and feedback are welcome. Contact us at: editorial@whatsoninwing.info

DEADLINES

If you are an occasional advertiser with WOiW, or are intending to advertise with us, please note that you **must now book your advertising space no later than NOON on 5th of the month before publication** (contact Jacqui at advertising@whatsoninwing.info). Space will then be held for you. The **absolute deadline** for receiving advertising material and editorial content is NOON on 15th of the month preceding publication.

Quick crossword



Across

1 Ancient Egyptian king (7)
5 Vagrant (5)
8 Leading performers (5)
9 Dictionary (7)
10 Vast (7)
11 Metal worker (5)
12 Silly laugh (6)
14 Alfresco meal (6)
18 Annoyed (5)
20 End of the day (7)
22 Capable of being heard (7)
23 Wipe out (5)
24 Daub (5)
25 Female big cat (7)

Down

1 Going by (7)
2 Fear-stricken state (5)
3 London football team (7)
4 Conan Doyle's detective (6)
5 Cabs (5)
6 Sale to highest bidder (7)
7 A blow with the fist (5)
13 Native of Tyneside (7)
15 Variety of lettuce (7)
16 Young swans (7)
17 Say or do again (6)
18 Fellows (5)
19 Sedate, staid (5)
21 Furious (5)

Solution p32

The Wing Singers PRESENTS THE Dung BEATLES

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January Services		
7	1100	Benefice Holy Communion
14	1100	Morning Prayer
21	0830 1100	BCP Holy Communion People's Praise
28	1100	Holy Communion

From the Rector



Well, here we are in (another!) New Year. When I was a child I always felt New Year's Day to be a bit of let down – by then all the fun was over. Of course, when I was a child, I thought like a child and I reasoned like a child, but now I'm grown up, hopefully my thoughts are more ordered. So, what might we say about the "New Year"?

No doubt we will have said to others, perhaps many times over, "Have a Happy New Year"; we say it quite readily even to people we don't really know. In the ancient worlds of which the Hebrew Old Testament and the more multi-cultural New Testament were both part of, words denoted action. That meant you only said something if you intended to follow it through. Yet how many of us actually intend ensuring someone else's new year is happy? Family apart, I'm guessing not really.

It is worth reflecting on this because the Christian gospel makes it very clear that the Almighty does follow through on what He said he would do; which is why John's gospel has at its beginning the stirring phrase "The Word became flesh and dwelt amongst us, full of grace and truth". Word denoting action meaning Jesus coming among us and if we've been anywhere near a church over Christmas we will have heard that passage read. I especially like the notably accurate translation which says that Jesus, the Living Word, encamped among us; meaning Jesus moved about. Everything Jesus said and did tells us of God and His loving purposes for us. His ministry was, is, one of encounter and engagement following through on the great promise of the Old Testament that God does not forget us.

So, as we begin 2024, please don't pack Jesus away with the decorations and the tree; allow Him to grow up and move amongst us.

With every blessing,
Rev'd Howard Robson



Wing Village Poppy Appeal 2023

We would like to thank the wonderful band of volunteers who enthusiastically carried out the door-to-door Poppy collections this year, and to the schools and businesses throughout Wing who kindly offered to host static boxes and sell poppies. Wing have once again been overwhelming generous in supporting this extremely worthwhile cause. The money collected goes to providing help and support to serving and ex-Service men and women and their dependants.

Thank you to each and every one of you who donated in another challenging year. We would also like to once again thank Maggie Ryan and her team for organising the wonderful poppy display around the village.

Together we raised £3573.44!

Remembrance Sunday

We would like to thank Dr. Jessie Cooper for facilitating the service, and the churchwardens of All Saints for their continued support; to the bell ringers for sounding out the bells on the day; to Jim Noonan for his technical support, to Angie Vorey for playing the Last Post so beautifully and movingly, and to the readers on the day.

Thank you!

Wing Poppy Appeal Organisers

For enquiries regarding weddings, baptisms or funerals, please contact Team Rector Howard Robson (01296) 688593.

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Happy New Year – make coming to the library one of your resolutions!

While we are still in the dark days of winter, you may be thinking about holiday adventures to interesting places.
We have lots of travel books to entice you in – and can order books from all the libraries in Buckinghamshire and beyond for destinations not featured.



Opening Times

Monday	1400 - 1630
Tuesday	1400 - 1630
Wednesday	1000 - 1230
Thursday	CLOSED
Friday	1400 - 1630
Saturday	1000 - 1230

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Office: Photocopying, Printing, Internet, Scanning, Laminating
Other: Local Information and Displays

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Public spirit private person

Joyce Brooker was always a Wing resident. Her family lived at No 6, at what were known as the Handpost Cottages on Leighton Road. She was born in 1932, the eldest of three children, all of whom learned an appreciation of the rewards of hard work from their parents. Her father Arthur Bull was a groom at Ascott, and her mother took in sewing and knitting.

Joyce was quite a self-contained girl, her sister Dora recalls. Even as a young woman, she saw life in clear-cut terms, and applied them with resolve. As a 15-year old, she came off her bicycle and broke her leg. She determined then never to ride a bicycle again. Not through fear, of which Joyce had little, of anything, but through an objective risk-reward calculation which simply found bicycles lacking.

After school in Wing, Joyce took a place at Wolverton Technical College. There, on a secretarial course, she studied shorthand, typing, correspondence writing, organisation and administration, as well as the softer but vital secretarial skills of discretion, professionalism and diplomacy. In 1948, Joyce took a job at International Alloys, an aluminium foundry in Aylesbury. She was good at her work - she remained with the company until it closed in 1982.

Joyce had shared some of her school years with a bright young London evacuee, called Charlie Brooker. Charlie put down roots in the village, preferring Wing to a badly-bombed London. He also clearly preferred Joyce Bull to any of the other village girls. The attraction, happily, was mutual, and they married in 1960.

Joyce's first married home was in Linslade, but it 1972 a small plot of land came up for sale in Wing, and the couple moved back to the village they both saw as home. Charlie was a practical man and with the help of his brother, undeterred by the alpine gradient of the plot,



he built the bungalow in which he and Joyce remained for the rest of their years.

Charlie had a good singing voice and loved using it. He became an enthusiastic member of the Leighton Buzzard Operatic Society. While he enjoyed leading roles in Gilbert & Sullivan operettas, Joyce was less keen on the limelight, but became a long-standing and well-regarded member of the chorus, and sang in countless productions over many years.. Charlie was an angler, too, and the couple's holidays were often spent with rod and reel in Norfolk.

After her career as a secretary, Joyce missed the busy-ness of her old job. She's quoted as saying 'I just had to do something'. She joined Wing's first Jubilee Green Carnival Committee in 1978, and then in 1984 she began by launching our village's monthly



newsletter, 'What's On in Wing'. Early issues were produced with a typewriter, with all 1170 copies printed individually on a stencil machine in the village school. Not only did she write, design and reproduce every issue, she managed the advertisers and the editorial, and recruited and organised a team of door-to-door distributors. Joyce continued that work, spurning technology and using the same typewriter for the job until April 2020, when lockdown forced a change of strategy. Indeed, Joyce's resolve was of the kind that only a national emergency could divert.

Joyce was already helping to run the Union Chapel in the village when she became a Trustee of Wing Hall, helping manage bookings, fees, users, as well as supervising the maintenance of the Hall and the adjoining Charlotte Cottage, also owned by the Trust.

In 1988, on holiday with Charlie, Joyce discovered a small charity shop. She said, 'From watching their charity work, I dreamed up The Cupboard and when a room became available to rent in the village hall some ladies I was friendly with helped me get it going.'

At The Cupboard, local residents could sell unwanted items, or pick up a bargain and, in many cases, have a cup of tea and a good natter. The proceeds were distributed to the local Scouts and Guides, to the two doctors' surgeries and Age Concern. Over the years, The Cupboard donated more than £15,000.

Joyce and Charlie had no children of their own, but Joyce cared greatly for the young people of the village, and was always close to her niece and nephews, raised nearby in Linslade.

In 2001, Joyce won Aylesbury Vale District Council's Volunteer of the Year Award. Charlie died in 2007, but Joyce continued undeterred with all her work at Wing Hall, The Cupboard, the Carnival, and with What's On. In 2018, she was awarded the British Empire Medal 'for meritorious civil service worthy of recognition by the Crown.'

Joyce was organised, diligent and dedicated. For all her extraordinary devotion to the community and public service, Joyce could be difficult to know. Although she greatly enjoyed coach trips and outings with old friends from the Operatic Society, she was equally happy at home alone, working on puzzles and watching TV quiz-shows.

She maintained proud independence and self-sufficiency for all her years, and would sometimes rebuff attempts at support. About finding two burglars in her house, and then being held hostage by one while the other ransacked her belongings, she was simply matter-of-fact and apparently barely troubled beyond indignation. She would occasionally admit that producing What's On was hard work, but any offer of assistance in its production would be met with a turn of the head and a prompt change of subject. Should donors to The Cupboard offer items that Joyce felt were of unsuitable condition or quality, Joyce could be quite direct in declining to accept them.

In her role as Chair of Wing Hall Trustees, she managed firmly and clearly. And in her later years as Secretary, it was not unusual to find the minutes of a meeting were perhaps more a reflection of Joyce's view than that of the Committee. But her view was always that the community actually mattered more than the interests of an individual, and her life and work in the village perfectly reflected that view.

Joyce Brooker was always humble, to the point of being bashful, about the recognition she received. But she was secretly proud, we know, for that recognition. And we, too, are proud of her and all that she gave us in Wing. She will be sadly missed, but always happily remembered.

Joyce was still active in the publishing of What's On in Wing when she died peacefully on 26 November.



Joyce's funeral will be held at 2pm on January 4th, at Bierton Crematorium.
Family flowers only, but any donations in Joyce's memory are welcome in support of Willen Hospice. https://joyceellenbrooker.muchloved.com/
Everyone is welcome to join the family afterwards at Wing Sports & Social Club.

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We also offer newspaper delivery. Ask for more details in-store, or call for information: 01296 688239

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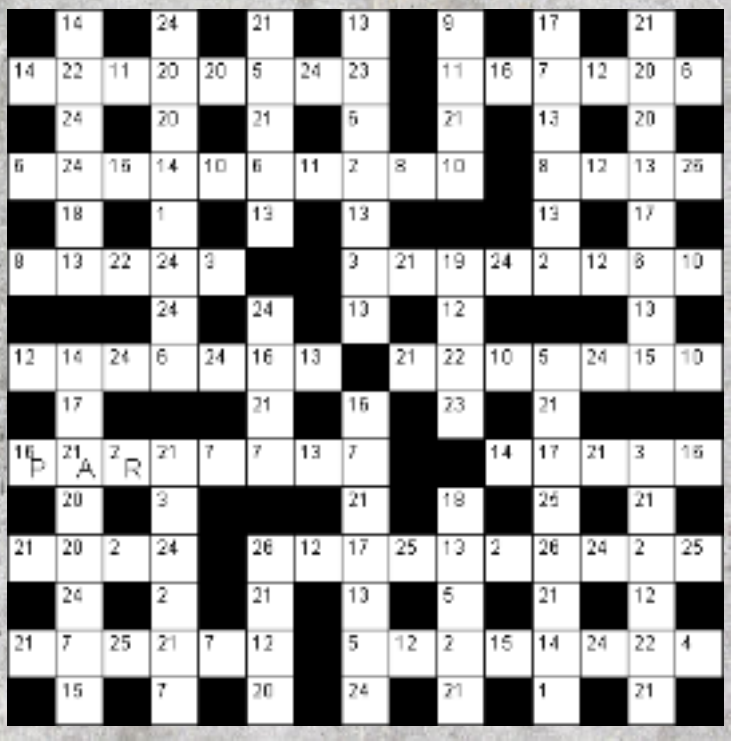
SUDOKU CENTRAL

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		5	9					
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					7	1		
			6	4				
5	9				1			6
						4	1	3

Solution p32

CODEWORD

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26





Country Notes from Canada

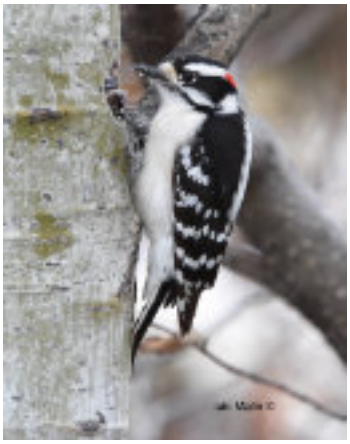
by **Iain Malin**





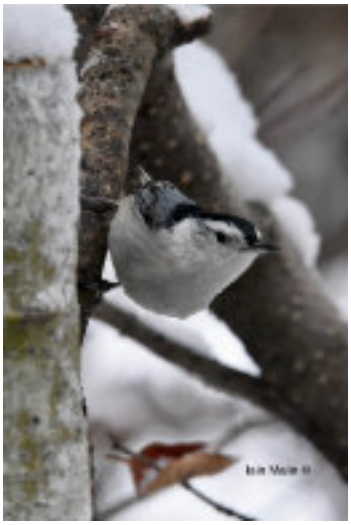
With January here it's another New Year - they seem to come round quicker as the years go by. The end of the year weather was unusually warm here until the end of November, with one day 17^{0}C two weeks ago. Normally we would be putting a minus in front of that. The first week of December brought our first snowstorm with 4 inches (100mm) falling. Yes, feet and inches are still used here in Canada, and that has been it. Today it is bright and sunny and + 4^{0}C, that is practically unheard of.

With the 'mild' weather, some of the birds left it later to move south. One particularly unusual visitor to the garden came for the berries. It is only the second time I have seen this bird with rather drab grey plumage and a conspicuous white eye ring. Townsend's Solitaire is a member of the thrush family, in summer breeding in open pine, fir and spruce forest and feeding on insects like a flycatcher, turning to berries as it moves south in the autumn. Most of the other birds had left, apart from some wildfowl while there was still open water.



I am now feeding the remaining birds on sunflower hearts, fat and mixed seeds, but most importantly water. The seeds I squash into holes in a log. House sparrows are rampant here as an introduced and invasive species. They are bully boys driving off birds. Woodpeckers do come, one of which is the Downy Woodpecker which is small - the size of a large sparrow. This woodpecker is so tame like many of the birds and will almost feed from my hand. Male and female are difficult to tell apart, but the male has a red patch at the back of his head.

Another visitor is the Northern Flicker, which is somewhat larger and generally grey brown, with a thinner down-curved bill, spotted chest and a black bib. The under tail feathers can be red or yellow. A third is the Pileated Woodpecker which is about the size of a crow and black with a red crested head. It's very impressive and feeds almost exclusively on tree ants. These are just three of the 14 woodpeckers found in Canada. There are three in the UK and all three used to be found in Wing until a few years ago, but the Lesser Spotted is now very rare throughout the UK, Great Spotted Woodpeckers readily come to bird nut feeders and Green Woodpeckers love the ants on a good lawn.



Nuthatches are now coming to the feeders. The Red Breasted is quite small and the more colourful of the two. White Breasted are larger and very noisy when you get close, but very tame.

Most animals now are quite easy to see now. Mule Deer come into the garden and wander the streets. White tailed are common as well and Moose are seen most days. They are at the end of their rut and of course the hunting season is over.

A Long Tailed Weasel was a nice surprise a few days ago. This is completely white apart from its black tipped tail which is held bolt upright when they run. This is very amusing when they are running across the snow. One came to check me out carrying a mouse, but they are really after Prairie Dog burrows, catching them while they are hibernating.

The bears have just gone into hibernation. They waited until the snow came so we get no new reports now until the spring. Cougars or Mountain Lions are becoming more common, but I have yet to find one.

Many people think squirrels hibernate. They don't and I found a rather playful Red Squirrel in the snow a few days ago. There are plenty of pine cones to feed on.

I wish you all a Happy New Year and hope you enjoy hearing about what I see in this vast country. As in the UK it has its problems with declining wildlife. We will have to see what 2024 brings.

ASPIRATIONS



The time approaches, our spirits rise,
We think about the year that passes.
Around the world, a chain of hope
Is built while we all fill our glasses.

Customs range from place to place –
Good luck charms to seal our fate.
Prosperity and wealth we seek –
These are things to celebrate.

Traditions bring us all together
With families and friends to share.
The past is gone, the future beckons.
If only peace was going spare.

As Big Ben strikes, a cheer rings out,
Fireworks splash across the sky,
We turn to face the ones we love
And say hello as we say goodbye.

© Sally 15.12.2023

Dedicated to the memory of Joyce Brooker, who kindly published one of my poems in What's On in Wing in the 1990s.

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WHAT'S ON at WING HALL
REGULAR ACTIVITIES



MONDAY	Rainbows & Brownies		Small Hall	1730-1830	Carolyn Saunders	01296 688508
	Tai Chi (2 classes)		Large Hall	1000-1100 1115-1215	Norma Collins norma.tai.chi@hotmail.co.uk	07947 672069
All except 1st in month	Badminton Club		Large Hall	1900-2300	Gary Stevens	07787 957623
1st in month	Bingo		Large Hall	1930 start	Malcolm Rickard	01296 688428
	Library			1400-1630		
TUESDAY	Dance Class (adults)		Large Hall	1000-1300	Adrian Marsh	07906 988880
3rd in month	Pop-In (Age Concern)		Small Hall	1330-1600	Janet Ratcliffe	01296 720946
Term time only	Street Dance		Large Hall	1530-1830	Kiri Fitzgerald	07988 161043
2nd in month	Gardening Club		Small Hall	1930-2130	winggardeningclub@hotmail.co.uk	
	Badminton Club		Large Hall	1900-2300	Gary Stevens	07787 957623
Last in month	Parish Council Meeting		Small Hall	2000-2200	wingparishclerk@gmail.com	
Term time only	11+ tuition for years 4 & 5		Library	1705-1915	Rachel Harris hello@rachelharrisprofessionaltutoring.co.uk	
	Library			1400-1630		
WEDNESDAY	Zumba		Large Hall	0930-1030	Gabriel	07459 488547
1st in month	Art Appreciation		Small Hall	1400-1600	Bobbie Ward	01296 681982
Fortnightly	Lunch Club (over 60s)		Small Hall	1200-1400	Sue Nightingale Richard Webb	01296 682999 01296 681516
Term time only	Spanish Lessons (18 mths - 11 yrs)		Library	1545-1630	Rebecca Salter rebecca.salter@kidslingo.co.uk	07967 357227
	Dance Class (adults)		Large Hall	1830-2200	Adrian Marsh	07906 988880
	Table Tennis		Small Hall	1830-2300	Bernie Raffe Leightonbuzzardttc@gmail.com	07957 215657
	Library			1000-1230		
THURSDAY	Tots Bop		Large Hall	0930-1200	Rachel Kenning	01525 237474
Term time only	Lacemaking		Small Hall	0930-1130	Bobbie Long	01296 624179
	Yoga		Large Hall	1900-2000	Kim O'Hanlon	07770 450788
3rd each month	Wing WI		Small Hall	1900-2200	Val Fielder	01296 688044
FRIDAY						
2nd each month	Line Dancing		Large Hall	1100-1300	Adrian Marsh	07906 988880
	Library			1400-1630		
	Table Tennis		Large Hall	1900-2230	Bernie Raffe Leightonbuzzardttc@gmail.com	07957 215657
SATURDAY	Library			1000-1230		
SUNDAY Term time only	Wing Singers		Large Hall	1645-1915	Angie Varey wingsingers@yahoo.co.uk	07908 653006
Any day	Snooker Club				David Turner	07392 482415

Hall rental charges are in a separate notice in this issue.

CONTACTS
Regular bookings
Sheila Lambert: 01296 682795
sjlambert49@gmail.com

One-off bookings (parties, weddings etc)
Stephen Payne: 07555 722315
stephenpayne3@hotmail.co.uk



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Wing Village Hall

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Focus on Locals

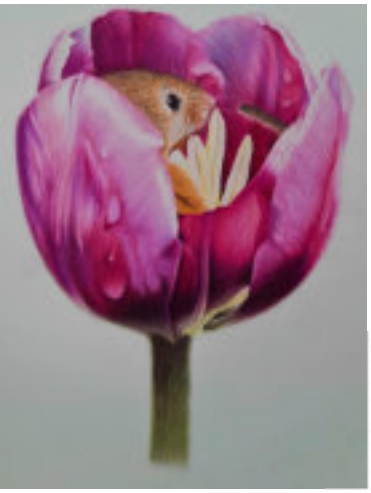
getting to know some of the people and personalities of our parish

By Nick Dyke, aided by Gill Allmark.
Photography by Brian Clarke

Emma Bracken



Pet portraitist and wildlife artist





You may have seen some of Emma Bracken's work locally (for example the Mentmore Arts Festival held each May), at other local craft markets or one of her exquisite and beautiful pet portraits adorning the walls of loving pet owners. Also, Emma previously displayed advertisements for her work on the side of her fence at home .

Born in Stoke Mandeville and raised in Wendover, Emma has called Wing 'home' for the past 18 years. She lives with her husband Phil and two children, 13 year old Phoebe and 12 year old Madison.

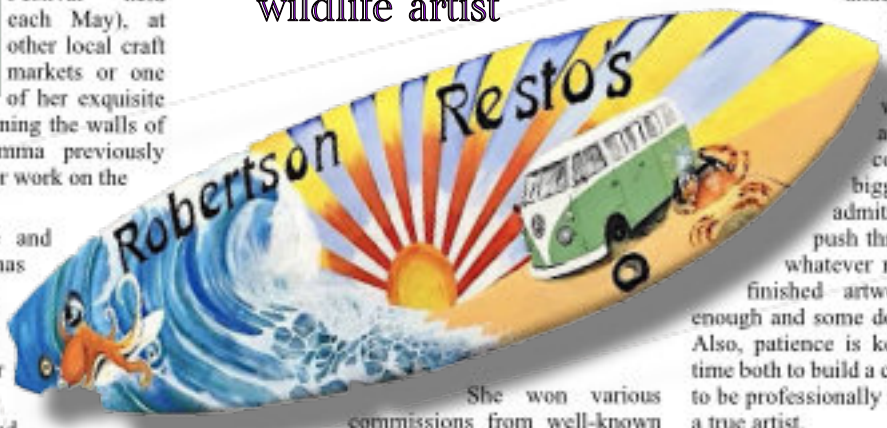
Emma's passion for art started early. At the age of eight she created her first proper drawing of Peter Rabbit and, in her first years at school Emma entered a competition with her painting of Winnie-the-Pooh. Sadly, she was disqualified because her teachers thought that it was her parents' work! Both her father and auntie had good artistic flair and maybe she has inherited her talent.

Having left school at 16, Emma attended Amersham Art College to gain her GNVQ in Art. It was here that she studied photography, textiles, pottery and life drawing. In her second year she concentrated on textiles where, amongst other subjects, she created giant flower designs for fabrics.

Emma went on to achieve her BA Honours Degree in Textiles and Surface Decoration at High Wycombe University (now Buckinghamshire New University). Her 'final' pieces and dissertation were based on the design of 'long' fabrics with a Japanese theme.

After leaving university, rather than secure a salaried 'artistic design' role (and there were quite a few offers), Emma decided to go free-lance where she could pick and choose her work.





She won various commissions from well-known agents. Emma was fortunate in that she was able to utilise the store-room in her grandmother's pub (the Packhorse in Wendover) as a studio for the next four-five years. Most of her work at this time involved the design of fabrics that were sold to famous brands all over the world, including 'Monsoon'. Emma really enjoyed her work too with Devore Velvet, where her flowery designs were effectively burned into velvet, revealing her designs in relief.

Emma's focus today is mainly on pet portraits and wildlife artistry. Her talent field is now wide and she has created many other beautiful pieces.

Emma's original artworks need to be seen to truly appreciate their beauty and the skill and dedication that has gone into her work. They are amazing. Her pet portraits are so good, one could look at them for hours in awe of the attention to detail and the graphic quality. The front cover of this issue of WOiW showcases her Christmas-themed puppy dog.

Emma uses pastel matt paper, an eye-shadow applicator with 'PanPastels' for the backgrounds and, for the fine detail, high-quality coloured pencils.

Emma's early inspiration came from Georgia O'Keefe, anAmerican artist born in 1887 and who painted nature in a way that showed how it made her feel. Today, Emma finds inspiration in the work of Deb Stanley, a coloured pencil and pastel artist based in Malvern in the UK.

Asked what her favourite projects have been over the years, the one that is most dear to her heart was the 100-year celebration of the RAF. In 2018 Emma painted a giant mural on the wall of the underpass in Halton, However, she believes her finest piece to date is the stunning drawing of a baby elephant which took the longest to complete - five day's work in total. Emma also painted a wonderful tulip-inspired mural on the wall of the stroke patients' garden at High Wycombe Hospital. Another favourite of hers is of a mouse nestling in the cup of a tulip flower.

Emma also raised about £1,000 for the Royal Free Hospital in London by giving her expertise and time to the lucky raffle winner. In this case she was asked to paint a giant mural of an underwater scene (with some guidance and suggestions from the winner).

Asked what advice Emma would give to aspiring artists, she revealed that confidence in your work is the biggest factor. At times Emma admits she did lack the ability to push through those times when, for whatever reason, she thought that the finished artwork wasn't good enough and some doubts crept in. Also, patience is key as it takes time both to build a client base and to be professionally recognised as a true artist.

For personal reasons, Emma took a 12-year gap from doing any artwork at all, during this time waitressing until she felt that the time was right once again to re-commence her creativity.



Many of Emma's designs are available as greetings cards, mugs, or keyrings and can be purchased either via her Facebook page or on the Etsy website (Etsy.com), using the name search *EmmaBrackenArt*. She is also happy to take commissions for portraits of pets.

Amongst other pieces, Emma has hand painted both a longboard and surfboard for separate clients, the latter being an advertising sign for a company that undertakes VW van conversions.

As I left my most enjoyable meeting with Emma, I felt that she was a very humble and talented lady who sometimes doesn't appreciate the true artistic flair that she undoubtedly has.

Due to a serious accident last summer, Gill Allmark was unable to accompany Nick Dyke to meet and interview Emma, but she kindly assisted by proofreading.

We wish Gill a steady recovery.

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Seasonal Recipe

from
Margaret Redler



Venison Cottage Pie (Serves 4)

A real winter's day comfort food meal, to feed a hungry family.

Ingredients

Oil - a small quantity to fry the vegetables etc.
500g minced venison
1 medium carrot, chopped into ½ cm cubes approx.
1 stick celery, chopped
1 medium onion, chopped
Tomato puree
300ml beef stock
Thyme – a pinch
Potatoes
Root vegetables (swede, celeriac etc)

Method

Heat the oil in a large frying pan over a medium heat.
Add the carrots, celery and onion and and fry gently until a little soft.
Add the venison and cook gently until cooked through and browned.
Add 1 tbsp tomato purée, sprinkle with 1 tbsp plain flour and stir in.
Add a pinch of thyme.
Stir in 300ml beef stock.
Put into a suitably sized oven proof dish, leaving room for the potato topping.

Meanwhile, boil enough potatoes and an equal quantity of root vegetables (perhaps celeriac, swede or vegetable of your choice).
When cooked, mash with seasoning and butter.

Place mashed potato etc. in dish on top of venison.
Cook for approx 30 mins at 200^{0}C (180^{0}F/gas mark 6) or until the top is nicely browned.

Serve with green vegetables of your choice.

Send us your favourite recipe!

A monthly recipe has become a regular feature of WOiW. We know there are enthusiastic and capable cooks in Wing, so if you are one, please send us a recipe that we can use. It doesn't have to be 'seasonal' as favourites are always going to be welcome!

Send your recipe to: editorial@whatsoninwing.info



by Tim Purcell

In 1946, three years before the publication of '1984', Orwell was asked to write an essay describing his ideal pub. Whilst it seemed natural to put beer first, he observed what really appealed was 'atmosphere'. Something hard to define – but you feel it instinctively. It is not to be found in the architecture, the grained woodwork, ornamental mirrors behind the bar or open-hearth fire places. It is the people, the staff who know most of their customers by name and take an interest in the community.

Its greatest feature is its gardens, because it allows whole families to go there. This turns a pub from being a mere boozing shop to a gathering place.

Seventy years on, in one of his last articles for the Evening Standard, the famous pub and restaurant critic A.A. Gill wrote: *'The British pub is becoming a food destination because it has been the cultural destination for socialising in the UK for generations. Yet, the pub-drinking lifestyle has been on the decline for decades. The English are very sentimental about their pubs and are truly heart-broken when a treasured local closes down. English pubs have been closing for decades, but there are too many for them all to close and they are still central to British life'.*

The vision for The Queen's Head Wing is a combination of these ideals. To provide good quality, reasonably priced food in a community friendly atmosphere. This is evident from the responses to an initial survey that was distributed to the many people who expressed an interest from that first, very brief post on the village Facebook page at the beginning of November, and endorsed by those who attended the Open Meeting at the Wing Village Hall on November 25th.

Since then the campaign to save this historic pub has brought together a wealth of tradesmen and professionals from within the Wing community who share a vision. In a few short weeks the founding Steering Group has expanded and diversified. The property has been valued and a pathway plotted to enable the premises to be purchased, refurbished and to become, once more, a vibrant local pub, restaurant and social hub.

With all such ventures, finance is the key. There is a core of significant investors who are willing to drive the initiative whilst simultaneously inviting smaller shareholders to become part of this independent enterprise. A detailed Business Plan is being prepared for distribution in early 2024.

If the community group is successful in securing the premises, there will be opportunities for local employment and training in the catering and hospitality industries.

Going forward, in response to the initial survey, The Queen's Head will host regular community and music events showcasing local talent. The restaurant will hold themed nights and regularly introduce new and seasonal menus. There also appears to be a significant demand for a coffee shop during the day with fast internet connection to enable home workers to spend some productive time in their 'home-away-from-home'. To add to these initiatives, a further more detailed questionnaire will be made available in the New Year.

People with specific experience in various fields that could assist with the renovation, kitchen installation and all areas of operating and managing a public house with full catering facilities are being asked to contact the Steering Group directly by Email: savethequeenshead@outlook.com.

Meanwhile, there is a website where everyone can register their interest and keep updated with developments: www.savethequeensheadwing.com.

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Alex Warren

As we enter the new year we're looking forward to some progressive changes on the farm.

Our water bills are big, so over the last few weeks I've been looking at installing a rain water harvesting system.



A typical rainwater harvesting system

At the moment I'm looking at just using one building then perhaps later expanding onto other sheds we have around the farm in the future.

If you were to harvest the a typical amount of rainwater falling on a 100 sq metre house, it would total 60,000 litres of water a year. That would halve the annual consumption of a two-person household!

We have a lot of roof space on the farm. I was staggered to work out on a simple calculation that if we were to harvest all our roof water it would total a colossal 2.8 million litres of water.

Talking of water? I've just about had enough of the stuff! The rain has still been falling and we wouldn't mind a few nice frosts to make working in the great outdoors a bit more pleasant.



At this time of year I turn to getting the hedges cut. It's a non-profitable operation on the farm but has advantages, especially along the public highway for drivers and ourselves. A hedge that is trimmed annually grows thicker and more dense which can offer good shelter for wildlife.

It's a steady but rewarding job, and it can be a nice break from the miserable weather, tucked up in the heated cab of the tractor. We are looking at planting a new hedge this year and are hoping to have this completed before spring – and that'll be another hedge to cut in a few years time.



We can choose when to work on tasks like hedgecutting, but caring for the livestock is a daily routine. We have lots of cattle to feed inside at the moment, and when they're hungry they can get noisy. Cattle husbandry is all part of every morning's work, from feeding to bedding down to administering medication to animals who need it.

Happy New Year!

KEV HILL

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Health & Wellbeing



By **Natasha Richmond**



Hello and Happy New Year. I hope that you are reading this after having had a happy and peaceful Christmas?

So here we are, January 2024, another brand new year! A time when it's really easy to make loads of New Year's Resolutions and put so much pressure on ourselves to achieve them, but for them to be left by the wayside half way through January. So instead of a whole list of resolutions, why don't you focus on just one thing that you'd like to change, and put all your effort into that? It's a lot easier to focus on one thing, and with less to focus on, you are more likely to achieve it, which means you won't feel 'New Year's Resolutions guilt' for not achieving all the things that you set out to.

When choosing a resolution, focus on something that will make the largest positive impact on your life. It might be going for a walk every day, cutting out sugar, drinking six cups of water per day, reading every night, exercising three times a week, organising to see friends regularly, going to bed by10pm, eating more vegetables… Decide on something and put small steps in place to make it happen.

And chances are, this one thing will have a positive impact on other areas in your life, so you will notice that you're achieving some other things that you've been wanting to focus on as well. For example, if you decide that your aim is to eat more vegetables, you might start trying new recipes, which might mean you will be cooking from scratch more, which could then lead to you having more enthusiasm about leading a healthier lifestyle.

Or making sure that you go to bed by10pm to get more sleep could have a big positive impact on your days, due to improved energy and concentration levels, meaning that you are more productive and organised.

Don't be tempted to put too much pressure on yourself to achieve the other things though. Remember to focus on just one thing, and other things might start to fall into place for you too.

Message me to tell me about those resolutions and positive results, have a good January and see you in the February issue.

Best wishes,

Natasha Richmond
Trainers & Bananas

Natasha is a Wing resident, personal trainer, fitness instructor and nutrition coach.

trainersandbananas@outlook.com

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This year all proceeds will be going towards completing Jack's fundraising for his World Challenge Trip to Eswatini.

Scouts
1st Wing

BEAVERS cubs SCOUTS EXPLORERS

1st Wing Cubs had a busy 2023 with 3 camps (a stay on the Golden Hinde in London with a visit to 10 Downing Street, an activity packed summer camp and a stay at Gulliver's in MK).



We took part in a 10km endurance hike and an orienteering competition, built our own rafts,



went cycling, horse riding and paddleboarding, practiced First Aid, had visits to MK police station and a Sikh temple (gurdwara), learned about our environment and community and had campfires in Long Spinney.
What will we do in 2024?

"Be Prepared"

We go outside in all sorts of weather - so, as our motto says 'Be Prepared'.

Adventurers Welcome!

Scouts is open to boys and girls from the age of 6yrs. We are a very popular group; always appreciative of more volunteers to help - there are lots of roles available! If you'd like to help, please email enquiries@wingscouts.org



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Wing Wood

We have seen from a recent post on Wing Village Facebook by Unitary Councillor Diana Blamires, that 112,000 trees have already been planted on the land allocated to Wing Wood, with a further 23,000 to be planted by the end of March 2024; the trees consist of some 20 species, with Scots Pines having established particularly well. Inevitably, it will be another five or so years before the wood will have grown enough to justify a visit.





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"And now we welcome the new year, full of things that have never been"
— Rainer Maria Rilke

Are you looking for a new interest for the New Year? Then come and try us out - we are not all Jam & Jerusalem. We have a full programme for 2024 including interesting speakers and trips out. And we help out in the community where we can. We meet on the 3rd Thursday of each month.



Thursday 18th January
WING SMALL HALL
7.30 - 10 P.M.

Speaker Graham Harrison
Elizabethan Underworld
- A warning to Countryfolk

Competition: An object relating to Elizabethan England (1559- 1602)

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NEIL SMITH 07774 159618

Wing Parish Council News

Grass Cutting

Cllr Tring has completed a walkaround with Goldleaf Groundcare. There has been a handover from Taylor Wimpey and it was useful to walk the company through the needs of the parish and what needs to be cut as parish land. On the parish land there have recently been fewer cuts due to the wet weather stopping them and they are hoping to fix this as soon as there is a dry spell. They have also agreed to remove the weeds from the alleyways, and have been walked round where that is expected. This is only for parish owned/maintained land, Buckinghamshire land will still only be cut twice a year as per their policy.

(Since writing this it appears these have all been done! Goldleaf has gone out of its way to do the extra for the parish and some areas are looking significantly better.)

Meeting in Long Spinney with the Forestry Commission

We were particularly fortunate to have not one but four members of the Forestry Commission to come and look at the ancient woodland that is Long Spinney. They looked at the trees in the various areas and offered advice on how to manage the woodland, making a number of recommendations on how to improve and/or develop the wood.

Unfortunately, one of these recommendations was to immediately fell two trees near the stream in the woods. They were not large trees but the tree experts considered that they should be cut down immediately. Thank you to the Long Spinney volunteers, including Cllrs Lomas and Tring (and Mr Tring), who organised it, who cordoned off the area immediately and spent the next morning chopping them down.

At the next Council meeting, there will be a discussion about whether to apply for a Land Management grant to create a new Land Management Plan at the Spinney. This is another grant and the Forestry Commission are able to support us on how best to make the application.

Cllr Davidson and Cllr Sunday Present at a National Association for Local Councils Training Event

A couple of months ago we were approached by NALC to be guest speakers in a planning event for local councils. In their own words, NALC is "a membership organisation and the only national body representing the interests of local (parish and town) councils.". We presented alongside the chair of a larger council, Sevenoaks, and Richard Blyth, head of policy and practice at the Royal Town Planning Institute. We were there to represent smaller (but significant!) parish councils and how the Neighbourhood Plan was working for us in Wing and Burcott Parish.

We presented for 15 minutes, discussing the success of the original plan and how the review was being shaped to meet the needs of our parish in terms of communication, green strategy and design. We used the example of how our objection to the Queen's Head change of use application had been strengthened significantly by a well written policy in the Neighbourhood Plan and the Design Code. Once we had presented, there was a Q and A section in which we answered questions on funding, reasons why it's important to review a neighbourhood plan and keeping the information up-to-date. On a lovely note, Richard Blyth repeatedly referred back to the work in our plan and review, informing the audience of 160+ councillors that our plan was excellent practice. A huge thank you goes out to the team who did the original plan, and those who have worked so hard on the recent review.

Bike Racks for Wing Parish

Cllr Lin Gilbert has been investigating the idea of adding bike racks to various recreational areas around Wing village. At the council meeting she presented an excellent report on location, costs and how to install and maintain differing types of bike rack. The council have resolved to support the project and are investigating different funding streams as well as the council budget..

Christmas Lights on Christmassy Houses

Cllrs Daniel and Sunday went out looking at the lovely Christmas lights in the village. We have posted these lovely sights on our Instagram @wingparishcouncil. In case you missed them, do have a look. Thank you so much for making the parish look so beautiful.

Christmas Tree

…and they are not the only ones…! Thank you so much to the team of councillors and volunteers who put up the Christmas tree on the green near the A418. Every year a group of lovely people put an enormous tree up, and they somehow manage to do it with no complaints and incredibly effective teamwork.



Parish Council Information

For more information, news and updates from the Wing Parish Council, please find us on Facebook @wingparishcouncil or visit our website www.wingparish.org; Instagram @wingparishcouncil; Email: wingparishclerk@gmail.com

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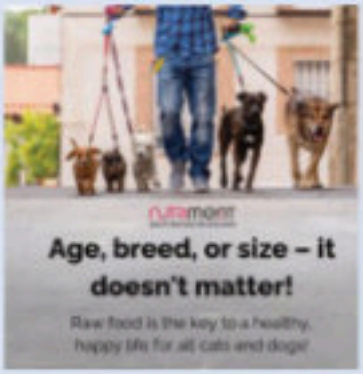
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TALKING DOG with Neil Smith



The Older Dog



Happy New Year to everyone including our furry friends! I hope that you have all enjoyed a happy and safe Christmas. This month I thought we would look at our older dogs.

Dogs are generally classed as senior at the age of seven years. However, dogs that are fit and active will not appear 'old' and do not necessary have to be fed or treated differently. Therefore it is not always necessary to change the way you feed or exercise your dog as it becomes older, but a common sense approach to reading the needs of your own dog is important. Basically, just because your dog has reached the age of seven years does not necessarily mean that a senior diet is suitable for it.

As the dog begins to slow down and sleep more, it will not require the same balance of nutrients. Keeping your dog on the same food at this stage will only encourage obesity and the possibility of conditions such as stiff joints and liver and kidney issues. Therefore changing to a senior brand of food, or adjusting the quantities of nutrients in a raw diet is important. The senior dog will not require as much fat or protein as their energy levels have diminished, but just reducing the volume of fats and proteins will create other issues. At this stage it would be beneficial to ensure that an easily digestible source of protein is maintained, as the older dog's absorption ability diminishes. Also, if the dog is suffering from arthritis or dental issues, it may be appropriate to introduce supplements and to change the consistency of the food. It will also be helpful to raise the height of the food and water bowls so that it is more comfortable for the dog. If there are multiple dogs in the household, it would help to feed the older dog separately so that it does not feel the need to bolt its food.

Regular health checks with the Vet are important at this age in order to monitor any subtle body changes in the dog. They should include blood and urine tests, which will monitor the condition of the liver and kidneys.

Encouraging the older dog to maintain fluid intake is important as this could affect the bowel movements. This is particularly the case if the dog is on a kibble diet, as the moisture content is very low. Raw fed dogs will be gaining more fluid from their diet, but it is still important to monitor the dog to be sure it doesn't become constipated. Bone broth or low fat goats milk could help to encourage drinking, and the reduction of bone content in the diet will benefit a constipated dog. Reduced exercise will affect the dog's bowel movements.



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Gardener's Diary

by Rosie Richardson, Wing Gardening Club



Happy New Year. Thankfully the days will start to get longer as we look forward to spring. There may be the odd day when the weather isn't too bad and you can get out in the garden before the colder temperatures of February. Now is the time to plan for the year ahead bearing in mind successes of the previous year and the failures. Seed catalogues are full of tempting flowers and vegetables to grow. Why not try something completely different?

I grew cucumbers in the greenhouse last year for the first time and was amazed how brilliant they were. One plant per three litre pot resulted in a bountiful supply of fresh, tasty cucumbers. The variety was *cucumber emilie F1 hybrid.* Don't forget that Wing Gardening Club members have access to 50% discount on packet seeds and 15% off live products (potatoes, garlic, shallots, onions, plants, bulbs and fruit) from Dobies (www.dobies.co.uk) NOT to be confused with Dobbies Garden Centre in Bletchley.

Every New Year I plan to grow more herbs rather than buy packets of herbs grown on the other side of the world. Easier said than done. Shrub herbs such as rosemary and sage are relatively trouble free, although it is a good idea to take cuttings and grow plants on in case of severe winter losses. Bizarrely, rosemary (*rosemary officinalis*) has now been renamed *salvia rosmarinus*. The two plants were classified as two entirely separate plants since the naming system began in 1753.



Chervil is a wonderful herb to grow easily from seed. It has a delicate flavour that is almost a cross between parsley and a mild fennel. It's great with fish, chicken or used in sauces. It's hard to find in the shops because it doesn't store well, but is easy to grow under normal conditions. It was brought to Britain by the Romans and was thought to have blood cleansing and restorative properties. Raw leaves chopped into a salad are high in Vitamin C, carotene, iron and magnesium. All that from a tiny, fern-like leaf!

Coriander can be tricky. It germinates easily and grows happily until a hot day - and off it bolts. It doesn't like being transplanted once the tap root is established, but I'll persevere and try again. It's tempting to start tomatoes and chillies on a warm, sunny windowsill but it's better to wait until light levels improve a bit to prevent spindly, leggy plants.

First early potatoes can be chitted now in a light, sunny position indoors. This encourages sprouts to emerge from the dormant potato and spur them into growth. They can then be planted out in February and hopefully an earlier harvest will result. Planting potatoes in bags (old compost bags with drainage holes) works well as long as you remember to keep adding compost to the growing shoots.

If you didn't already sow your sweet peas in the autumn, they can be started now on a sunny windowsill. They can be sown in toilet roll tubes filled with compost. Poke the seed down to a depth of 2½ cm (1 inch) and water well. Similarly, broad beans can be sown now, again in a tube giving the bean a good root run.

Our speaker on Tuesday January 9th is Chris Day from Buckingham Nurseries. He's a very knowledgeable gardener and plantsman, is always very interesting and very willing to answer any gardening questions.

Looking at the Buckinghamshire Council website, it looks like the Garden Waste collection will recommence on 31 January2024 which means the first pickup in our area will be on that day.



Wing Gardening Club meets on the second Tuesday of the month in Wing Village Hall. For further information e-mail winggardeningclub@hotmail.co.uk

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How long have you worked in travel?
Michelle has always worked in travel and has 40 years' experience booking holidays and cruises, while I've been a travel agent for over 25 years.

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I lived in New Zealand when I was a child, and am a Kiwi as well as an Australian specialist. I have also been a Canadian specialist since 2001, and am one of the top agents in the UK as recognised by Destination Canada. Michelle has visited many of the Caribbean islands and is a Mauritius and Sri Lanka specialist. Between us we have booked clients to most of the major destinations worldwide: if we haven't been there, we know someone who has!

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9	7	8	1	5	3	2	6	4
4	3	6	2	8	7	1	9	5
3	1	7	6	4	2	9	5	8
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Garden waste bins - new payment system



The next collection in Wing of the brown garden bins will be on Wednesday 31 January…BUT…yours will only be emptied if you have already paid your annual subscription (£55) and received your bin sticker.

Any payment arrangement that previously existed through AVDC no longer applies and all residents now have to re-register and pay. This is done either by setting up a new 'MyBuckinghamshire' account online, or telephoning the Bucks Council customer services on 0300 131 6000.

The telephone service is available Monday-Thursday 9am-5:30pm and Friday 9am-5pm.

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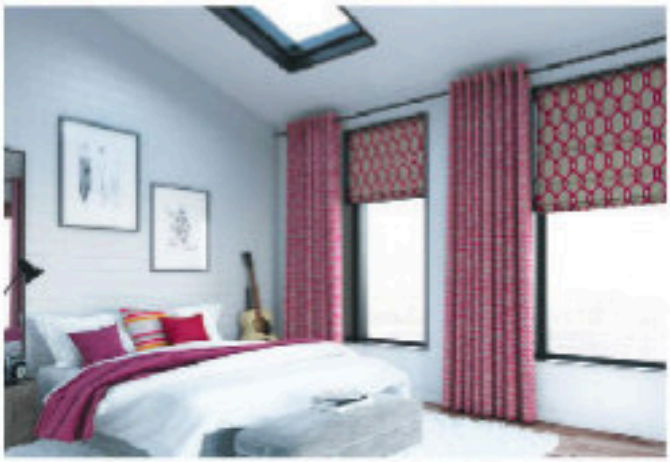


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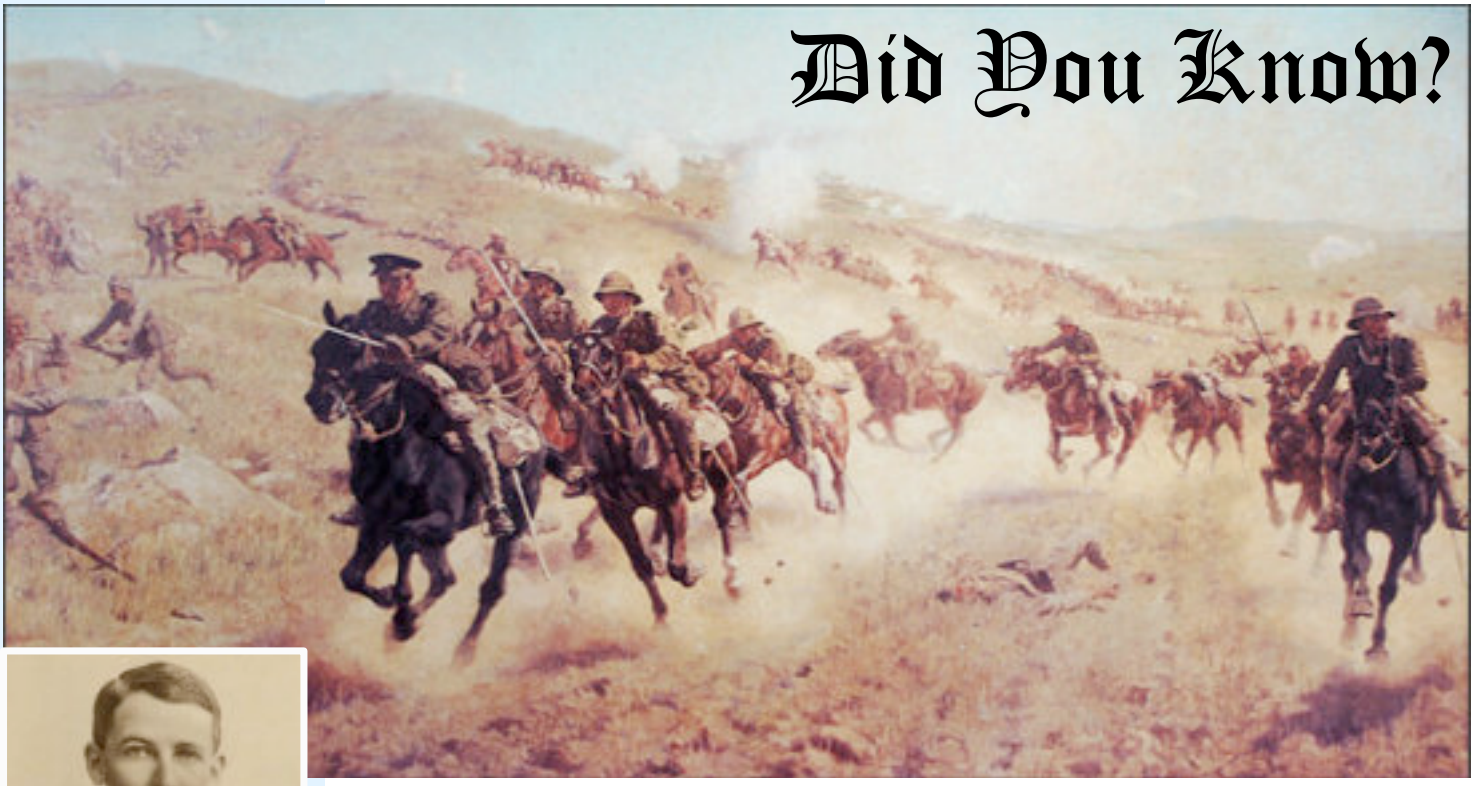

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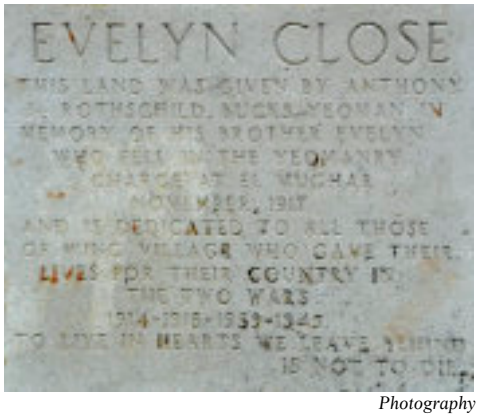


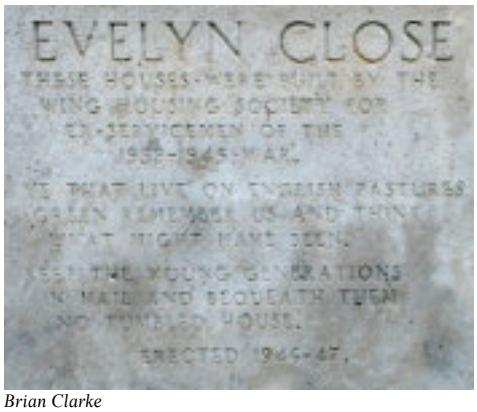
Painting by James Beadle of the Buckinghamshire Yeomanry's charge at El Mughar



The 28 dwellings (12 houses, 16 flats) in Wing's Evelyn Close (off Church Street) were built as a gift from Mrs Yvonne de Rothschild and Anthony de Rothschild, to house ex-servicemen returning from the Second World War. They are dedicated in memory both of Anthony de Rothschild's brother Evelyn (pictured), who was killed in the First World War, and of the men of Wing who died in both World Wars. A tree was planted in memory of each casualty.

Evelyn de Rothschild, described as an exceptionally fine horseman, served as a cavalry officer in the Buckinghamshire Yeomanry (Royal Buckinghamshire Hussars) during the First World War. He fought in the battle for Gallipoli in 1915, later moving with his regiment to Palestine.





Photography by Brian Clarke

Evelyn de Rothschild died aged 31, on 17 November 1917, of wounds received whilst leading a cavalry charge on 13 November 1917 during the El Mughar battle against the Turkish 7th Army.

Evelyn Close is a listed Imperial War Museum monument and this War Memorial was opened to a fanfare of trumpets, on 14 May 1949, by Field Marshal Earl Wavell. Have you read the inscriptions on the stone plaques set into pillars either side of the entrance to Evelyn Close, where it joins Church Street?

NB: The left hand inscription 'To live in hearts…' is a quote from 'The Soldier's Dream' by Scottish poet Thomas Campbell; the right hand inscription 'Ye that live…' is by John Maxwell Edmonds, written in 1916.

News Needed

If you have Wing-related news about births, marriages or deaths, do send them to us for publication.

We would also welcome regular news about your club or society.

Email your news to: editorial@whatsoninwing.info

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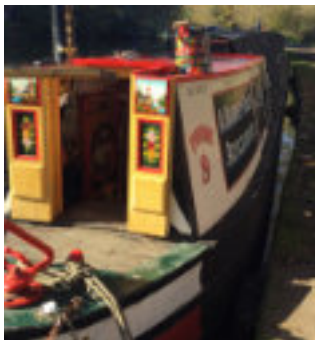
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Overstone Combined School Reporting from Batchworth Lock









The Year Six children from Overstone Combined School had the opportunity to visit Batchworth Lock Canal Centre in Rickmansworth. They spent the day doing a variety of activities that have helped their understanding of the Industrial Revolution and what life would have been like on the canal in Victorian times.

Travelling up and down the canal on a narrow boat was one of the highlights as they spotted wildlife and other boats. They managed to spot moorhens, mallard ducks and Canada Geese. They learned about where the boat would get to if it carried on up the canal and how to stay safe on board – especially when going into a lock. They had some excellent discussions about the pros and cons of living permanently on board a canal boat.

It was very exciting to go into Batchworth Lock itself and experience how the boat would move up or down hill along the canal by being raised and lowered in the lock; this was made even better by the fact that it was children from our class who were manning the lock - opening the gates using lots of strength! They understood more about how a lock works, which helped their science knowledge too.

They also got to see a historic narrow boat which showed them what the living conditions would have been like on board for boat dwellers over a century ago as it has been recreated beautifully using artefacts and furniture. They were amazed by how clever some of the features on board were, but it also made lots of them glad they don't have to live in such cramped conditions. Using some of the Victorian china plates and water jug for inspiration, they enjoyed an art session painting roses onto plates and adding ribbons.

The interactive history lesson gave them the chance to dress up and re-enact some of the working roles of people building and using the canals in the Victorian times. The children used a pickaxe and wheelbarrow to role play digging out the canals, and 'puddling' the clay – stamping it down to help line the bottom of the canal. They then experienced 'wash day' where they scrubbed clothes with a bar of soap and a metal board, then used a wooden 'dolly' and a mangle, before hanging them up to dry.

The sessions were run by a group of volunteers, who were brilliantly engaging, knowledgeable and helpful on the day – Year Six would like to say another big thank-you to them all for their hard work!



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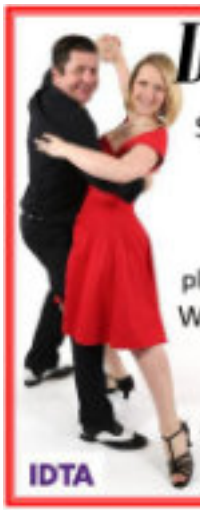
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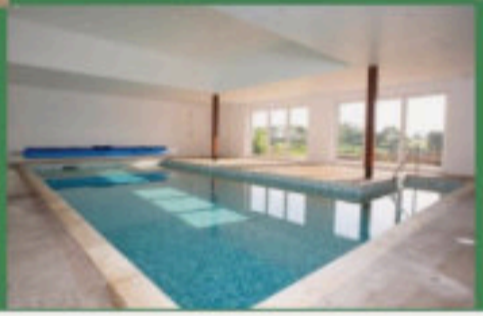
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OUT & ABOUT

Tiddenfoot to Billington and Back

with Gill Jeffries.
Map by Arthur Jones

2 hrs

Approx. 5 miles (8 km)
Map: © OpenStreetMap contributors
(Equivalent OS Explorer map: 192)





This walk is an 'out and return' one.

Half way is Nobby's Farm Shop, which is often open for light lunches and teas. The paths are almost all gravel or paved.

Photos by Liz Tring





▶Park in the Tiddenfoot Water Park car park at the end of Mentmore Road, Leighton Buzzard.

▶Leave the car park, taking the path with the lake on your right and follow the path to its end.

▶Bear right onto a larger path and follow it to the end of a bridge over the canal.

▶Cross the canal, then turn sharp right and follow this path over the river and round the edge of a field. The out-of-town shops are on the other side of the hedge and road.

▶Go through a gate and under the bridge which spans the river and the canal.

▶Pass through the next gate on your left and walk away from the canal, with the hedge on your left.

▶Continue along this path until it meets the road into the sand pit.

▶Cross the road and continue along the path, with the hedge and Leighton Buzzard by-pass on your left and the sand pit on your right.

▶Continue to follow the path until it turns to follow the Billington to Slapton road.

▶Bear left along a short spur and pass through a gate onto the road.

▶Turn left and walk towards the main road, then turn right in front of an apartment building.

▶Keep bearing right onto a minor village road. D & J Autos will be on your left.

▶Walk to the end of the road, then cross the main road and walk down the driveway to Nobby's Farm Shop and café.

▶Return by the same route.



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Proceeds from WEAVERs divided equally for All Saints Church, Wing and the Motor Neurone Disease Association.





Made by Sally Barnes in Wing - Contact 01296 688046
sallysababarnes@icloud.com

Babysitters



The following young people* have offered to babysit:

Name	Born	Contact
Tilly Forrest	Dec 2007	07854 918457
Cerys Wuczke	Mar 2006	07398 210861
Jemima Pye	Jan 2008	07840 944111

** The inclusion of a name on this list is neither a recommendation nor an endorsement by the What's On in Wing team.*

—/—

N.B. If you would like your name included on this list, please email editorial@whatsoninwing.info **with the same information shown above (please only do this with the approval of your parent or guardian).**

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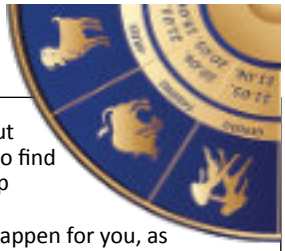




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YOUR STARS
for January by Maggy La Grenouille MBE



CAPRICORN Dec 22-Jan 19 The New Year brings exciting new opportunities for you. But you'll need your best Capricornian tenacity to find them amongst all the gloom and doom. Keep looking!

AQUARIUS Jan 20-Feb 18 Great things will happen for you, as Colander transits Spatula at the same time as Albedo goes seriously retrograde. All at around elevenses next Tuesday.

PISCES Feb 19-Mar 20 Now's the time to start watching your friends carefully. They may start being nice to you, which is a sure sign things are about to go pear-shaped.

ARIES Mar 21-Apr 19 Your dynamic energy will spark weird vitality. But, be proactive and steady as the unexpected may be lurking.

TAURUS Apr 20-May 20 Oh dear. Those New Year's Resolutions. You already know they were a bad idea. Being a nicer person will prove difficult, but stick with it. Any change in you will be an improvement.

GEMINI May 21-Jun 20 Brace yourself. Prepare for a really big surprise, around the 21st. Actually, now we've told you, it won't be much of a surprise. Sorry!

CANCER Jun 21-Jul 22 This month will be a great time for major projects, when that can-do potential for achieving huge things is at its greatest. Tell your partner to get on with it, now.

LEO Jul 23-Aug 22 Every Leo knows the importance of looking the part. Uplevel your fashion game. Dial up your confidence. Give up that awful tracksuit.

VIRGO Aug 23-Sep 22 C'mon – relax. You've been tense and anxious for a while now. This month, nothing is really as bad as it seems. Just, sort of, much worse, actually.

LIBRA Sep 23-Oct 22 At last! That sense of wading through treacle will finally leave you, sometime after the 15th. Your only worry will be all that residual treacle.

SCORPIO Oct 23-Nov 21 Home stresses? Work worries? Lower back twinges? This month, you really can leave them all behind. Just slam the door. Get on the next bus anywhere. The heck with it.

SAGITTARIUS Nov 22-Dec 21 Right now, you're at peak charisma. They love you. They need you. They worship you. Keep telling them that.

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For advertising enquiries and bookings, contact Jacqui Wakefield at:
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For payments or accounts, contact Carmen James at:
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