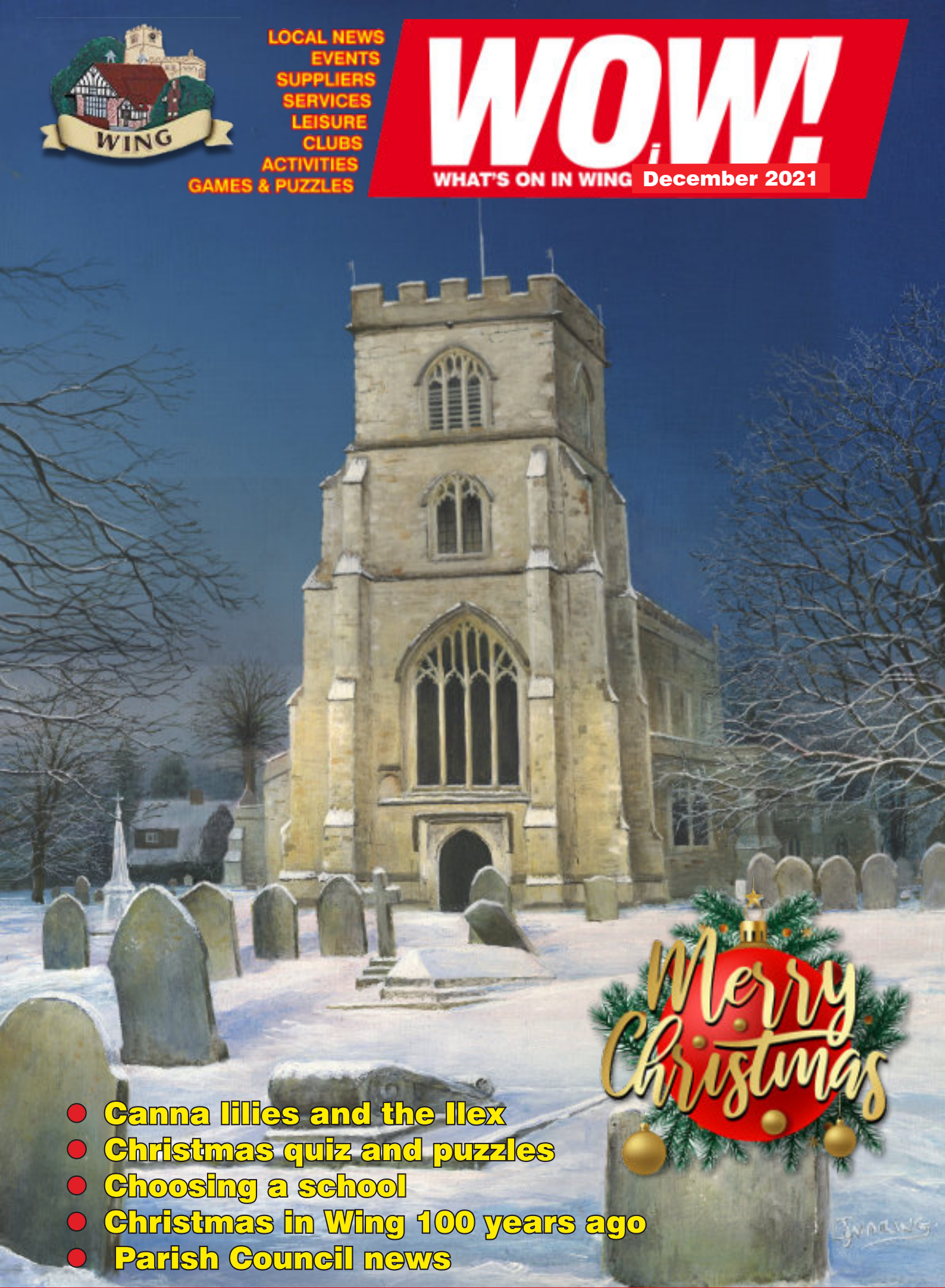
LOCAL NEWS
EVENTS
SUPPLIERS
SERVICES
LEISURE
CLUBS
ACTIVITIES
GAMES & PUZZLES

WOW!

WHAT'S ON IN WING December 2021



- Canna lilies and the Ilex
- Christmas quiz and puzzles
- Choosing a school
- Christmas in Wing 100 years ago
- Parish Council news

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The odds on a white Christmas in Wing, at the time of writing, are a bit less than 9/2. Put another way, there's a 17% probability that one snowflake will be observed during the 24 hours of December 25th, somewhere in the parish. Because that's all it takes to count as a white Christmas.

That all suggests that snowballs, snowmen and the soft silent stillness of a proper snowfall are actually wishful thinking, at least for Christmas Day. So we asked local artist Lee Waring to help us out, with this month's front cover picture, with snow deep, crisp and even, just as it's supposed to be.

Working with Lee reminded us that, even in our small parish, we have more than our fair share of people with special gifts and talents, people who do extraordinary work, or who have unusual jobs. We know of a few, and we'll be tracking them down for our new Local Talent feature. The village no longer has any straw dyers (that we know of), and the last cheesemonger packed up in 1854. But if you know someone who fits the bill of 'interesting or unusual', let us know. We'd love to share their stories with our readers.



Enjoy this Christmas issue of What's On in Wing – there's a special Christmas puzzle on page 31. And, as the shopping days count down, remember to take time out for yourself and others. We all have much to reflect on this year, and much to look forward to.

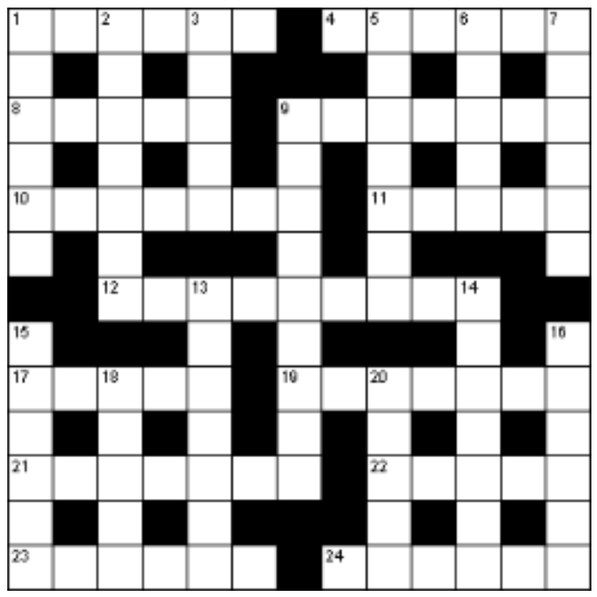
Best wishes for a happy and peaceful Christmas, from Joyce and all the team.

Comments, criticisms and feedback are welcome. Contact us at: editorial@whatsoninwing.info

The ABSOLUTE DEADLINE for content for the JANUARY issue is NOON on 10th DECEMBER.
Late contributions, alterations or additions cannot be accepted.

Quick crossword

Solution p 28



Across

1 Accepted practice (6)
4 Educational establishment (6)
8 Divide (5)
9 Sleep (7)
10 Pungent gas (7)
11 Lucifer (5)
12 US state (3,6)
17 Shakespearean lover (5)
19 Esteem (7)
21 Scotland's largest city (7)
22 Tantrum (5)
23 Prose compositions (6)
24 Outspoken (6)

Down

1 Free-and-easy (6)
2 Wise king (7)
3 Frequently (5)
5 Sea trips (7)
6 Path of a planet (5)
7 Upper part of the windpipe (6)
9 Ragged figure (9)
13 Incorrectly (7)
14 Gave way (7)
15 Capital of Czech Republic (6)
16 Remained (6)
18 Wherewithal (5)
20 Colour of old photos (5)

Special Christmas thanks to everyone on the What's On in Wing Distributors Team - you're doing a great job!

If you'd like regular updates on delivery schedules, join our WhatsApp group. Contact Gill Jeffries by email: gilljeffries@hotmail.co.uk, or on 07826 696247. Not got a smartphone? No problem – we'll send you text messages instead!

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The maintenance continues all year round.

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Even if you can only spare an hour or so!

On average the turn out at any maintenance afternoon is between 3 to 12 people in total.

(So not surprising the "To-Do" list is always ongoing…)

Our DECEMBER working parties are on

Wednesday 1st *from 1 pm*
Sunday 5th *from 1 pm*

We meet at the Soulbury Road gate

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From the Rector…



…And a star shone over the stable where the Christ child lay. One theme we'll be exploring in December's primary school assemblies is that of the Christmas star. We'll begin with the question "How old is star light?" because of course, it takes years for star light to reach us so the images we have of the night sky are old; in some cases, very old. But here's the thing – for all the time it takes for the light to reach us, that light has never slowed down, never stopped, never veered off.

Light has fascinated humanity since our earliest days and for us in the darkness of a northern hemisphere winter, light has always been especially comforting. But we think of light metaphorically too; "Oh, now I see!" and "a light bulb moment" meaning to understand and a contrast to being "in the dark".

Light is therefore used throughout the bible; at the start where God said let there be light to Christ, the Light of the world. At the very end of the bible, we read of Christ the bright Morning Star vanquishing darkness. Christ enables us to see.

We crave light; both to actually see and metaphorically, to overcome the darkness of injustice, wrong, hatred. In Christ we find Light; Light to see by and in His name to bring justice, right and love in so many ways. So, of course a star shone over the stable where the Christ child lay; Christ never stops, never gives up, never changes his mind.

With every blessing this Christmas,

Rev'd Howard Robson

December Services		
5	1100	Holy Communion
12	1100	Morning Prayer
	1830	Lessons & Carols
19	0830	Prayerbook Communion
	1100	People's Praise
24	1600	Christingle
	1900	Holy Communion for Christmas
25	1100	Holy Communion
26	1100	Benefice Service Holy Communion

For enquiries regarding weddings, baptisms or funerals, please contact: Team Rector Howard Robson (01296) 688593.

THE ILLUSTRIOUS ILEX

What can you burn as super fuel,
To warm you all up this chilly Yule?
What wood does the carver often pick
To make into a fine walking stick?
What is dense but also fine-grained,
And white enough to take a stain
When used in fancy marquetry?
A wood that comes from a festive tree.

This tree has boughs that we collect
Which must be gathered with respect –
Its dark green leaves, have long been liked,
But often they are sharply spiked.
When brewed they make a caffeine tea,
But not for children, decidedly.
Deer and livestock can eat the leaves,
And winter birds become berry thieves.

Select your target and treat with care,
Before the branches are stripped bare,
And muse awhile on why it's done,
The meaning behind the festive fun,
The reason for us to make so merry:
Christ's blood was as crimson as the berries,
His thorny crown was like a wreath
And his message of hope like an evergreen leaf.

© Sally, December 2021

Happy Christmas!



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Tickets £5

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Thursday 9th December 2021
Wing Hall 7.30-10 p.m.



Members Evening

See the December newsletter for details

For more information contact:-

President: Maureen Lomas
☎ **Wing 682915** □ **maureen@lomasfamily.plus.com**

Secretary: Pat Jones
☎ **Wing 682362** □ **pat.jones@talk21.com**

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Solutions p 28

CODEWORD

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

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25	■	16	■	20	■	1	■	9	■	4	■	15	■	4
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14	■	8	■	15	■	3	■	3	■	5	■	25	■	15
12	15	12	21	18	4	14	■	1	6	4	21	24	14	9

OUT & ABOUT

with Gill Jeffries

A Walk for December

OS Explorer 181
Streetmap.co.uk will enable you to print a map with footpaths and field boundaries.

1 hr 30 mins
Approx. 3.8 miles (6 km)





Waterproof footwear is recommended as there are some puddles along the towpath

▶Park in the Startop's End car park, Marsworth (£2.50 for 3 hours).

▶Walk up the steps to the reservoir and walk along the path beside the reservoir keeping it on your left.

▶Follow the path until a short path on your right leads you to the road.

▶Cross the road and continue along the path along the edge of Tringford reservoir.

▶Walk down the driveway at the end of the path towards a road.

▶Just before the road take the footpath on your right which follows the road.

▶Cross the road, turning slightly right, and take the footpath on your left along the edge of the Wendover Arm canal which is being restored.

▶Walk along the towpath until you reach a wooden bridge over the canal.

▶Follow the footpath on your right away from the canal, through some trees.

▶At the bottom of the slope turn right along the wide path.

▶With a field ahead, turn left to follow the path to the Wilstone Reservoir.

▶Walk along the edge of the reservoir to a set of steps on your right.

▶Walk down the steps and follow the path to the road and Mead Farm shop.

▶Cross the road in front of the shop where the visibility is best and walk to your right, towards the corner.

▶Turn left and pass through a gate onto a driveway.

▶Continue straight ahead to the next gate onto a quiet road.

▶Walk up the road to the village green in Wilstone, then take a narrow road on your right away from the green.

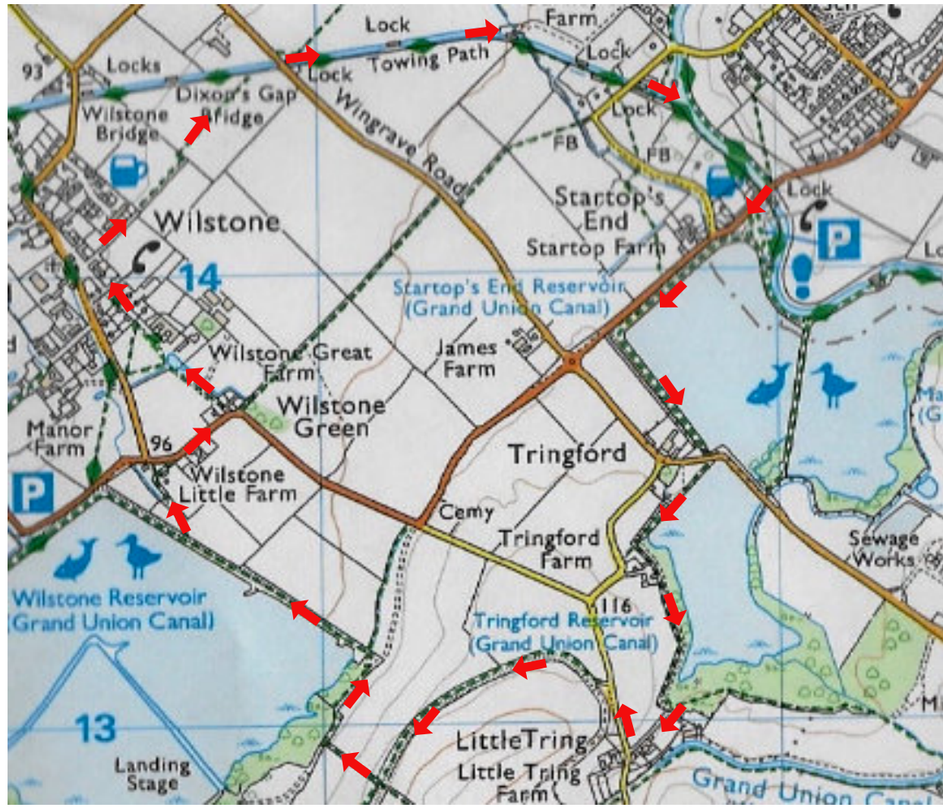
▶Walk along the road, then past some allotments. Continue, keeping the hedge on your right, round the corner of the field.

▶Walk through the gap on your right into the next field and follow the path straight across the field towards the canal.

▶Turn right onto the towpath and continue along the canal to Marsworth.

▶Follow the towpath round the corner to your right, as the Aylesbury Arm joins the Grand Union Canal.

▶Continue along the towpath to the bridge. Walk up the steps to the road and cross the road back to the car park.



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Parish Council News

Recreation Ground - Update

We have now appointed a contractor to undertake the electricity supply enabling works, the digging of a cable ditch, creating a concrete plinth and the installation of an electricity cabinet on the Rec ground. These works will then enable UK Power Networks to undertake the work to run an electricity cable across the Leighton Road (A418) to the Rec Ground. Once completed this will provide power connections for the New Pavilion and car park, the MUGA floodlighting and the flood lighting for the tennis courts. The tender documents are being finalised for the MUGA and Floodlighting and for the Pavilion. It is the intention to advertise separately for the MUGA and Flood lighting as one project and the Pavilion and extensions to the carpark as separate projects, recognising that the provision of MUGA pitches and floodlighting are specialist services and differ significantly from the skills and services required to construct a Pavilion. It is intended that the advertisements for both contracts will be issued by the end of November.

As some of you may have seen, the pitch has been scarified and it looks quite magnificent.

Community Boards

There are regular Community Board meetings, the most recent being the full board meeting on Tuesday 19th October 2021.

We highly recommend attendance at these if you have any community projects that you wish to put forward. This year, the council has action groups for Health and Wellbeing, Highways and Environment. They have funded several projects in the community, we have been successful in funding for commemorative benches, and we have just applied for Speed Indicator Devices (SIDs) to be put at three exits of the village.

For more information email: -
wingandivinghoecb@buckinghamshire.gov.uk
or visit the Facebook page: -
www.facebook.com/groups/229786742228764

Parish Council - Instagram



@wingparishcouncil is now at 65 followers. We are trying to update it regularly so please do follow and find out more about what the Parish Council are doing. Please also encourage others to follow, we are aiming to improve communications.

Issues In and Around the Parish

There has been some recently reported antisocial behaviour in the Wing area. Just as a point for information, these are the contact numbers in case of concerns:

- 999 – risk to life, crime in progress.
- 101 – where a crime has already occurred, or it is non urgent in nature.
- greatbrickhillwingivinghoeNHPT@thamesvalley.pnn.police.uk - an email address for the local team, again for non-urgent issues as it can take a few days to respond.
- Report | Thames Valley Police – online reporting form for a number of different issues, including crime reporting and traffic collisions.

This information is from the minutes of the first full Community Board in July 2021 for Wing and Ivinghoe



Parks and [Spinney] Recreation

Long Spinney
Wednesday - nine volunteers, one of whom we welcomed from Leighton Buzzard. Work included the pathway around the dragonfly sculpture, which was raked. **Sunday** – nine volunteers including two new volunteers (very welcome!) Work included mowing, along with some stream clearing and tree trimming.

Parks

Jubilee Playground is checked every week which will become more evident now we have "Wing Parish Council" hi-vis. The holes on the mound have been made safe, they have been filled in and covered. Although still the responsibility of the developers, the other playgrounds are checked monthly out of duty of care.



Our Thanks…

Andy Hill – We would like to take this opportunity to thank Parish Councilor Andy Hill. He has recently resigned, and we wanted to extend our thanks and gratitude to him for all of his hard work and input to progressing the Recreation Ground project since he joined the council, it has really helped moved the project along.

We would also like to extend our thanks to Sheryl Allmark for her happy disposition, her *outstanding* quizzing skills, and her support in the communications group.

This is a large Parish and with that, a real responsibility. So, when a person thinks about joining the PC, it is because they have the desire to offer this skill set for the good of the community and give something back. Andy and Sheryl were no exception.

We would be delighted to discuss this role and give you an opportunity to meet us. We are at the community drop-in sessions on a Monday at the church and can be available to meet and talk about the role. Please contact Wingparishclerk@gmail.com or come along to the meetings a bit earlier to have a chat.

Parish Council Information

For more information, news, and updates from the Wing Parish Council, please find us on Facebook **@WingparishCouncil** or visit our website **www.wingparish.org**

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The Wing Singers

Mid-November saw the start of the choir's Christmas choral season, performing a mixture of carols and favourite songs during the Macmillan Breakfast and Christmas Fayre at Cottesloe School. At the end of November carols were sung at the annual Christmas Fayre in Wing Parish Church - a regular event for us, and one that is always enjoyed.

Two Carol Concerts in Wing Hall on 5 December will round off Christmas 2021 for The Wing Singers in proper style. For tickets contact Lance Redler (see below).

Anyone considering joining a community choir is very welcome to come as a visitor on a Sunday evening for a complimentary rehearsal, and to see if we suit you. However, before coming please contact Lance Redler, the Choir Secretary, on 01296 681286 (or send an email to wingsingers@yahoo.co.uk). He will explain the Covid-19 protection measures that are currently being applied.

Our choir members come from 26 towns and villages, auditions are not necessary and membership is open to all ages and abilities. Comprehensive details about The Wing Singers - including the rehearsal dates and times up to July 2022 - are on our website: **www.thewingsingers.org.uk.**

Happy Christmas!!

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Gardener's Diary

by Rosie Richardson and Roy Taylor, Wing Gardening Club

As we head into December the days are so short, but looking on the bright side – they start to lengthen slowly after December 21st!

It can be a very windy time of year and it's a good idea to finish pruning tall bush roses by half to prevent wind rock, which can kill an established rose plant. As the plant rocks in the wind, a hole is created around the base of the stems allowing water to collect and rot the roots.

It's a good time to peruse seed catalogues and plan for next year's flowers, annuals or perennials and vegetables if you grow them. Even a small garden can accommodate some easy veg grown in a pot. Nothing beats the taste of a homegrown tomato.

Wing Gardening Club member Roy Taylor has put together some tips for preparing your beautiful canna lilies for winter. In an ideal world this should be done in October/ November.

Cannas do not like getting cold or frosted, so need to be kept under cover for the winter but not allowed to totally dry out. The foliage should be cut down (if an air frost hasn't already done it for you) and then move the pot to a sheltered spot, preferably off concrete so it doesn't get cold.



Small pieces of canna rhizome, ready tor potting in compost, watered, and kept frost-free



Canna rhizomes from the garden

If the canna has outgrown the pot (or if they have been dug up from the garden) you can see how far the rhizomes have spread and you can split the plant to accommodate it into pots. A 3" piece of rhizome with a few thickish roots kept over winter will grow into a super plant next year. Plant in a 2-litre pot and keep it cool and damp, but not wet, then it should thrive.

Garden planted cannas can be divided in the same way or left to be divided in springtime. Just keep the rootball in some damp, but not wet, compost and frost free. For more information or help with your canna lilies please contact Roy via www.winggardeningclub@hotmail.co.uk.

Lastly…wishing everyone a very Merry and Healthy Christmas and a very Happy New Year.

Forthcoming Gardening Club Talks

Tuesday 9 November 2021:
Andrew Gardener, Head Gardener at Woburn Abbey.

Tuesday 11 January 2022:
Malcolm Moodie will give a talk on Orchids of Borneo.

Tuesday 8 February 2022:
Chris Day (Buckingham Nurseries) will give a talk 'Grow Your 5-A-Day'.

For more information on Wing Gardening Club, please email: winggardeningclub@hotmail.co.uk

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1.45-3.45 WING SMALL HALL
Christmas party!
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WHAT'S ON at WING HALL

REGULAR ACTIVITIES



MONDAY	Drama Class	TBC	Large Hall	1545-1830	Victoria Hope	
	Rainbows	TBC	Small Hall	1615-1745	Carolyn Saunders	01296 688508
	Brownies & Guides	TBC	Small Hall	1800-2000	Carolyn Saunders	01296 688508
All except 1st in month	Badminton Club		Large Hall	1900-2300	Gary Stevens	07787 957623
1st in month	Bingo		Large Hall	1930 start	Malcolm Rickard	01296 688428
TUESDAY	Dance Class (adults)		Large Hall	1000-1300	Adrian Marsh	07906 988880
3rd in month	Pop-In (Age Concern)		Small Hall	1330-1600	Sheila Woolhead	01296 688337
	Street Dance		Large Hall	1530-1830	Kiri Fitzgerald	07988 161043
2nd in month	Gardening Club		Small Hall	1930-2130	winggardeningclub@hotmail.co.uk	
	Badminton Club		Large Hall	1900-2300	Gary Stevens	07787 957623
Last in month	Parish Council Meeting		Small Hall	2000-2200		
	Library			1400-1600		
WEDNESDAY	Tots Bop		Large Hall	0930-1200	Rachel Kenning	01525 127474
Fortnightly	Lunch Club (over 60s)		Small Hall	1200-1400	Sue Nightingale Richard Webb	01296 682999 01296 681516
Term time only	Spanish Lessons (18 mths - 11 yrs)		Library	1545-1630	Rebecca Salter rebecca.salter@kidslingo.co.uk	07967 357227
	Dance Class (adults)		Large Hall	1830-2200	Adrian Marsh	07906 988880
	Library			1000-1200		
THURSDAY	Zumba		Large Hall	0900-1030	Gabriel	07459 488547
Term time only	Lacemaking		Small Hall	0930-1130	Bobbie Long	01296 624179
3rd each month	Wing WI		Small Hall	1900-2200	Val Fielder	01296 688044
	Yoga		Large Hall	1930-2030	Kim O'Hanlon	01296 688693
FRIDAY	Line Dancing*		Large Hall	1100-1400	Adrian Marsh	07906 988880
	Library			1400-1600		
SATURDAY	Library			1000-1200		
SUNDAY Term time only	Wing Singers		Large Hall	1645-1915	Lance Redler wingsingers@yahoo.co.uk	01296 681286
Any day	Snooker Club				David Turner	01296 682870

Monthly. Contact Adrian Marsh for details. TBC=to be confirmed

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CONTACTS

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Sheila Lambert: 01296 682795
sjlambert49@gmail.com

One-off bookings (parties, weddings etc)
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stephenpayne3@hotmail.co.uk

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CHRISTMAS PAST

If you were a young girl or boy, growing up in the late 1800s and early 20th century, you would look forward to Christmas Day with great excitement. There would be a church service, a special meal, treats and presents, but you would be happy with very little. Life for most children in Wing depended, as it does today, on the money coming in from their parents. But in Victorian times most people in Wing had poorly paid jobs, compared with today. Many worked locally on farms, or in the straw plaiting trade.

Some were better off, employed in wealthy households or running shops. You might be expected to help with the daily chores, perhaps fetching water from the well and getting kindling for the fire. There was no modern plumbing or central heating.

You would hang up stockings over the fireplace on Christmas Eve, go to sleep with a heated stone or brick in your bed to warm you up and, most likely, be woken up at 5am by the peal of bells from All Saints Church (the bells were rung at this time every day for the week leading up to Christmas!). You would find an orange, or an apple and some nuts in your stocking. The Christmas dinner table would be lit by candles or oil lamps. There were no electric lights to drape but, if you had a Christmas tree, it could be strung with brightly coloured paper garlands and hung with home made treats and sweets.



Christmas trees were first made popular by Prince Albert when he introduced them to Buckingham Palace in 1840, and the first Christmas card was first sent in 1843 by Henry Cole.

In Wing you and your family may tuck into roast beef for Christmas dinner, supplied from a local farm and funded by Leopold de Rothschild of Ascott House. In 1891 he supplied everyone in Wing, Ascott, Littleworth and Burcott with a 2-3lb joint of beef, and 'one hundred weight of coals'. Other benefactors, Edward Hart of Moorhills, and Charles Cotes of Burcott, provided ingredients for the making of plum pudding.

If your father was employed at Ascott House, you and your family would have had a feast at his party at Ascott Park pavilion a few days before Christmas Day. Your Dad would have been given a briar pipe and tobacco and your Mum a 'warm woollen garment', tea, milk, cake and fruits, and bon-bons. You would all have joined in games and singing and dancing to Wing brass band.

And, if you were young in 1895, you would hope that the big freeze would continue so that you could go skating on the lake in Ascott Park all through the Christmas holidays.



WING
Community Library

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THANK YOU FOR YOUR SUPPORT OVER THE PAST YEAR

A selection of our children's Christmas-themed titles



Opening Times

Tuesday	1400 - 1600
Wednesday	1000 – 1200
Friday	1400 - 1600
Saturday	1000 – 1200

Christmas Hours

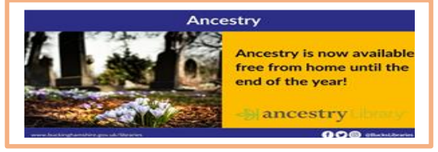
Please note the library will be **CLOSED**

Friday 24th Dec	Christmas Eve
Saturday 25th Dec	Christmas Day
Tuesday 28th Dec	Bank Holiday
Saturday 1st Jan	New Year's Day.



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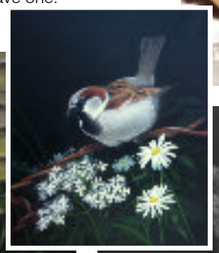
Lee Waring

Our fabulous Christmas front cover was painted specially for What's On by Lee Waring. Brought up in Wing, Lee has drawn and painted since he was five years old. Many of you will know him for his regular painting and decorating work in and around Wing. Not only is he meticulous with the magnolia, but Lee's talents stretch to friezes, murals and marbling. Painting – pictures, that is - is Lee's principal passion, but he's also serious bike enthusiast (that's the noisy kind, with engines), and extraordinarily knowledgeable about classic aircraft. If that wasn't enough to keep him busy, Lee is also a great wildlife expert, frequently caring for and raising orphaned and injured birds. Lee's pictures of wildlife and architecture are loved by everyone who sees them. There's hardly a pub in Wing or the neighbouring parishes that doesn't display a picture of itself by Lee. If you think you'd like to commission a picture by Lee, get in touch with him. When it comes to a work by Waring, every home should have one.

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Iain's Canada

Country Notes

by Iain Malin

As you all know, I've now left Wing - and indeed England. When I left it was suggested it might be interesting to write something about where I'm now living in Canada as a comparison. We'll see how it goes, and if you are interested I will continue.

I arrived here in mid October and now it is early November. I know there has been rain and a couple of frosts in Wing, so I hope you are feeding the birds. Here winter hasn't truly arrived. It is very strange. It was -14C one morning but rose to +14C during the day. It now frosts every day, but no snow as would be normal. Are we seeing the effects of Global Warming? Birds are still migrating through.

While Wing has now seen the arrival of Winter thrushes,here in Canada we're now seeing most of the small birds desert us. Snow Buntings and Common Redpolls have arrived in numbers in the last couple of days. Redpolls visited my bird table in Wing last winter and odd Snow Buntings turn up in Bucks most years.

I now have a bird feeder up here. The first birds to find it were Black Capped Chickadees, as common as Blue Tits in Wing. They are members of the tit family similar to Marsh Tits and Willow Tits. Marsh Tits were found in Wing years ago but have declined drastically. Chickadees are generally a grey bird with a black cap as is the Marsh Tit. What is peculiar is the Marsh Tit when it calls it makes a zip,zip call followed by chickadee,dee,dee. As do the Chickadees. There are, in all, three species of Chickadee here in Canada. We do also have the ubiquitous House Sparrow , the very same brought to North America by early settlers, as was the Magpie. That's called the Black Billed Magpie here, as there is a Yellow Billed Magpie as well.

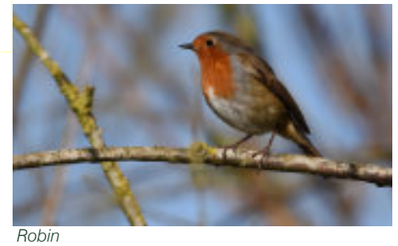
Tawny Owls are now beginning their courtship - they can have eggs in January. One was regular outside my bedroom window in Wing. Shakespeare got the call wrong, one bird does not say 'tawitt,tawooo'. She says ' tawitt' - and the male answers 'tawooo'.

I came across the national bird of Alberta a couple of days ago, the Great Horned Owl. He is big, but we are eagerly awaiting any day now the arrival of the Snowy Owls from the Arctic. It's getting exciting, here!

In Wing, listen out for the foxes, we get them here as well. They are beginning their courtship now and will continue through January. We have to put up with the howling Coyotes which is like a grey coloured fox.

Well, it's Christmas and what's on the Christmas cards? Robins. We have the American Robin here, not nearly as smart as the British Robin!

Happy Christmas everybody - it may not be a white one in Wing, but it definitely will be here.



Robin



American Robin



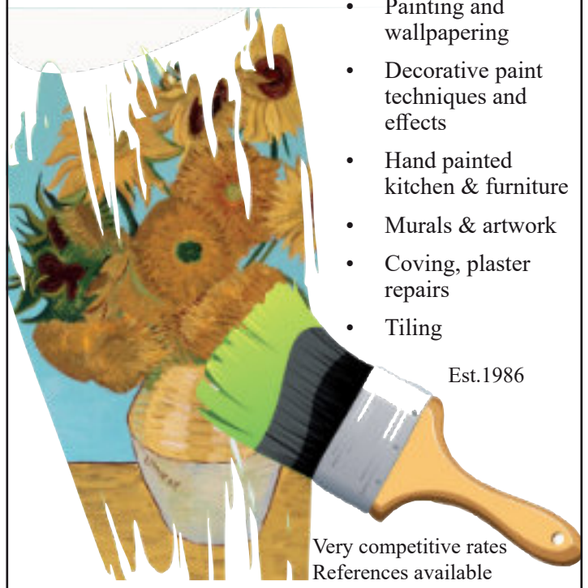
Great Horned Owl

Black Capped Chickadee



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TALKING DOG with Neil Smith



With the Festive Season upon us, it's the time when us humans enjoy celebrations and fun with our family and friends as well as our pets. We love to indulge in good foods and drink but we must be mindful of the dangers that could present for our four-legged friends.

The obvious dangers are chocolate, grapes and nuts but we need to remember that our Christmas favourites like mince pies and Christmas puddings contain grapes, currents, sultanas, nuts, etc, which are all toxic to dogs. Even in small amounts they can cause kidney failure. Sweets and even chocolate covered nuts and raisins carry a double danger.

Chocolate contains a chemical called theobromine, which is similar to caffeine. It can cause vomiting and diarrhoea, hyper activity and tremors. Be aware that the darker the chocolate (higher cocoa content) the more potent the theobromine becomes. White chocolate doesn't contain enough theobromine to cause toxicity. but it is higher in fat which may increase the risk of pancreatitis. AVOID putting chocolates on or under the tree and keep the advent calendars out of reach too.



Be aware that many manufacturers are using sugar free sweeteners called Xylitol. It causes the release of insulin into the body, which results in low blood sugar - sometimes this can lead to liver failure.

Seasonal plants like poinsettia, mistletoe, ivy and Christmas trees also present dangers if consumed. Most dogs are unlikely to try and eat these plants but young dogs and puppies are still investigating the world around them, so keep an eye on them.

Other dangers are Christmas decorations, wrapping paper and the little silicone gel bags that you often find in gifts. Again if any of these are consumed the outlook isn't great when they cause a blockage.

Remember to always contact your vet if you are concerned about your pet. Try to give your vet as much information of the product and brand in question as they will be able to source detailed information on the chemical content.

Wishing you and your pets a very Merry Christmas and Happy New Year. We look forward to seeing you in 2022.

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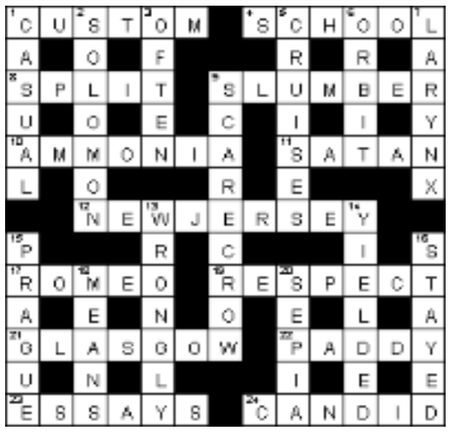
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6	7	9	8	2	4	1	3	5
1	5	2	7	6	3	8	4	9
4	3	8	1	9	5	7	6	2
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8	9	7	5	3	6	2	1	4
3	6	4	2	1	8	5	9	7

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Health & Wellbeing



By **Natasha Richmond**

The festive season is well and truly upon us, and this year I hope that means catching up with family and friends and indulging in all things Christmassy. And I think we can all agree that we thoroughly deserve it after the last couple of years.

I am big on Christmas traditions in my house and, over time, I have tried to create lots of little festive traditions that my family look forward to. From Ernie the naughty elf, who gets up to tricks every night of advent (I still do it, even though my children are too old for it now really!), to the way that we do things on Christmas Eve and Christmas Day. Traditions, no matter how small, make us feel comforted and safe, and provide us with things to look forward to and enjoy, whatever time of year. But Christmas time is when I think it's the most magical.

Sadly, last Christmas many of the things that we were all looking forward to couldn't happen due to the lockdown, which might have left us feeling sad and heavy hearted. So this Christmas, why don't you try to savour each and every moment? Not just the things that you missed out on last year, but as many wonderful festive traditions and moments as possible. We are all used to doing so many things on autopilot without really taking in the smaller details and we end up speeding through the days and weeks and it's all over before we know it.

But making more of an effort to be mindful and aware of the things that are going on around us can not only help us to enjoy things more, but it can also help with our general sense of wellbeing. Try to notice things, and also to be aware that you're noticing them.

Think about how they make you feel. Think about sights, sounds, smells, touch and tastes, and make a mental note of what's going on around you. It might sound simple but it's something that most of us will need to work on, as it's really easy to let yourself slip into autopilot mode in most situations, not just at Christmas, but in our daily lives too.

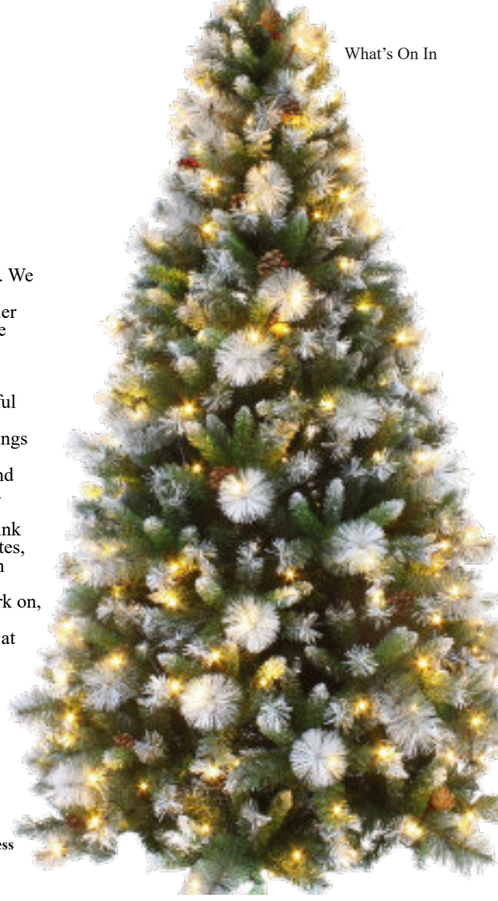
I wish you all a very Merry Christmas and a peaceful New Year. See you in the January issue.

Best wishes,

Natasha

Natasha is a Wing resident, personal trainer, fitness instructor and nutrition coach.

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Christmas Hours

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THE UNICORN

Can you find 25 Christmas movies in this picture?

Answers on page 35



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Wing and the surrounding villages are very fortunate to have many good schools for parents to choose from, so how do you decide which school is right for your child?

Kirsty Eales, who is Headteacher at Overstone Combined School, says – in making a decision, the most important thing you can do as a parent is to visit the schools you are interested in during the daytime. This provides you with the opportunity to see the school in action, allowing you to get a feel of the school as it really is and give you a sense of what it would be like for your child there during the day. It enables you to see the staff who work within the school and look at how they interact with the children. Schools that open their doors to visitors during the school day are honest and open, and will go on to be honest and open in future dealings with you as parents.

When visiting take the opportunity to look very carefully at what is going on in the school and note the atmosphere. What does the school feel like? Is there a sense that the relationships between adults and children are warm? Do the children appear to be happy and engaged in activities? Ultimately, would you feel comfortable to leave your child there every day?

At Overstone Combined School, we have a caring and nurturing environment where children flourish in an inclusive and aspirational setting. If you are looking for a primary school place for September 2022 or for a current Nursery place, please call our school office on 01296 688799 or admin@overstone-wing.org to arrange a time to visit.

We are very much looking forward to welcoming you to our school so you can see what we can offer your child for their early education.





Overstone Combined School



1st Wing Scout Group

25p Per Card

Christmas SCOUT POST

Christmas cards will be delivered to friends & relatives, in and around Burcott and Wing

- Wing Post Office
- 20 Chesterfield Crescent
- 4 Willow Way
- 5-7 High St, Burcott
- 14 Redwood Drive
- 6 Overstone Close

Simply post all your Christmas cards along with your payment (in a separate envelope please) into any green post box at the addresses shown

Last Posting Date:

Tuesday 21st December

Professional local and reliable friendly service in Wing and surrounding villages.

Free quotations provided for your home or commercial requirements.

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Appointments window is now open
for Cake Smash sittings

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Wing Village Supermarket & Post Office

Londis



We sell everything (well, almost) with a friendly service. Fresh bread, rolls, hot pies and cakes baked in-store every day. We also have a wide variety of fruit and veg and a large selection of beers, wines and spirits.

KEEP AN EYE ON OUR SPECIAL OFFERS!

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THE NATIONAL LOTTERY™

The National Lottery is another service we provide, as well as PayStation for your top ups, gas and electricity keys.

We also offer newspaper delivery. Ask for more details in-store, or call for information: 01296 688239

OPENING HOURS
Shop: 7 AM TO 7 PM.
Post Office: please ask at the counter



ADVERTISE IN WHAT'S ON IN WING

IN PRINT and ON-LINE!

What's On In Wing is published once a month, delivered to over 1300 households, shops, and pubs and public buildings in the parish of Wing, and public buildings in neighbouring parishes. It's also available on-line, for browsing on-screen or downloading and printing.

Advertising

If you'd like to advertise in What's On, contact Jacqui Wakefield, on 07518 156853, advertising@whatsoninWing.info

Please supply your ad artwork by email to Jacqui. Artwork must be either a jpg, jpeg file, or pdf file to the sizes shown in the table below. *We cannot accept any other kind of artwork.*

ABSOLUTE DEADLINE for the January 2022 issue is the 10th of December 2021. Contributions, alterations or additions can't be accepted after this date.

Editorial

To submit editorial or photographic material, contact:
editorial@whatsoninwing.info

Accounts

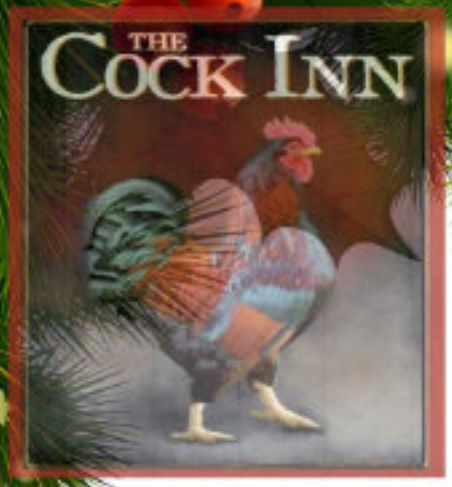
For payments or accounts questions, contact Carmen James:
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Size	Width mm	Depth mm	Price	Parish advertiser
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Classified	Up to 50 words		£5.00	£3.50
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The Cock Inn Pub Wing

Opening Hours

Sunday	12pm - 10pm
Monday	12pm - 11pm
Tuesday	12pm - 11pm
Wednesday	12pm - 11pm
Thursday	12pm - 11pm
Friday	12pm - 11:30pm
Saturday	12pm - 11:30pm

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